

CLAIRVOYANCE :

Psi and States of Awareness One of the most fascinating and least understood of human faculties is that aspect of extrasensory perception known as CLAIRVOYANCE or 'Clear Sight'. Clairvoyance covers a wide spectrum of phenomena, differing so widely in its depth and variety that it is hard to define in words that are simultaneously succinct and accurate. In the Vedic lore it has been referred to as 'Divya Drushti' (Spiritual vision) and Dhura Sravana Dharsanam** (Distant hearing and seeing), but in the vast majority of modern psychics there seems to be no faculty that can even approach the high degree and honour conferred by these lofty names. For the general purpose of this treatise, the author defines Clairvoyance simply as the power to see what is hidden from ordinary physical sight.

Psi antedates Early History

Millenniums ago, before the primitive man hardly had learned to read or write, the Rishis, the early men in India, had the natural gift of supernormal cognition. Clairvoyant revelations of their peak mystical experiences, such as the Vedas, Samhithas and the Smruthis, predate the earliest recorded history of mankind.

In Mahabharatha, the epic poem of 3000 B.C., Veda Vyasa describes how even an ordinary minister Sanjaya was endowed with the gift of clairvoyance. Looking with his telescopic vision, Sanjaya narrates to his blind Emperor, Dhruddharashtra the battle field of Kurukshetra, miles away from his Hastinapura Palace. While watching psychically the war front, Sanjaya clairaudiently listens to the famous Srimad Bhagawath Geethopadesa of Lord Sri Krishna to Arujana. Both these events – the vision of Sanjaya within which the battle scenes --- were simultaneously overviewed by the Superseer, Veda Vyasa, the Epic writer.

A galaxy of spiritual luminaries were celebrated through the ages for their uncanny power of clairvoyance and precognition in every culture

and clime. Innumerable legends have of various Psi incidents have come down across the centuries and were gradually woven into into the tapestry of mythology, folklore and popular literature.

In more recent history the Rosicrucian psychics of Europe, the Sufy mystics of the Middle East, the Taoists of China, the Zen masters of Japan, and the Yogi adepts of India and Tibet have left records of irrefutable testimony of their super sensory experiences.

A SEARCH FOR SCIENTIFIC VALIDITY

What does modern science really think of this psychic phenomenon? Is clairvoyance a demonstrable phenomenon or an ancient belief in the power of the human mind or just an illusion? Can the human mind truly transcend the physical barriers of Space and Time? Are the age-old tales about the “Third Eye” real?

Now, the famous lore of an all-seeing eye, extra-sensory perception are brought into the focus of every man’s understanding by Psychological Research spread over the past one hundred and twenty-seven years

by parapsychologists and several other free-style explorers has not only confirmed the reality of clairvoyance as a human faculty beyond the limitations of the known physical laws, but has changed the ‘flat-earth’ view of man, revealing his true multi-dimensional inner nature. Clairvoyance is defined by modern parapsychologist as the extrasensory perception of physical objects or events, without any possibility of there being knowledge of such objects or events in another person’s mind (i.e., telepathy) as an intervening factor. The classic experimental designs that has established the reality of clairvoyance is this: a deck of cards is thoroughly shuffled to randomize their order; a subject then guesses what this order is before any human being looks at the cards and irrefutable testimony of their super sensory experiences. Scores significantly beyond chance expectation indicate the operation of Clairvoyance.

SPONTANEOUS CASE STUDY

The 15,000-odd validated cases compiled by the Institute of parapsychology at Durham in the United States of America include accurate “dream hunches”, clairvoyant flashes of sensing dangers at a distance. A few of these well documented cases read:

“A mother dreamt that in two hours a violent storm would loosen a chandelier, which would fall on her baby’s crib. She woke her husband “A silly dream,” he said. The weather is clear. Go to sleep!
“But she brought the baby to her bed. In two hours a storm came up, and the light fixture fell on the crib.

“A couple stopped at the Alberta hotel for a night. After they had gone to bed, the wife dreamt that the hotel was being demolished by an explosion. She woke up with a compelling feeling that they must leave at once. Despite the early hours and her husband’s sleepy protests, they left. Shortly thereafter, a dynamite-laden truck crashed into the hotel destroying it.”

OTHER CONTROLLED LABORATORY TESTS

Though only a part of men’s total psychic potentials can be revealed in rigidly controlled laboratory experiments, some extraordinary feats were recorded by various research groups.

“Under laboratory controls at Stanford Research Institute, scientists Harold Puthoff and Russell Targ studied the clairvoyant abilities of a young Israeli Uri Geller. Seven times in a row, Geller accurately drew a picture hidden in two sealed opaque envelopes. Ten times without error, he identified which of the ten identical sealed tins contained an object. The odds: one in a thousand million.

“Psychologist Charles Tart, of the University of California at Davis, discovered a “Miss Z” for whom out-of-body experiences were so normal that when she a child she thought everybody had them. In an elaborately prepared experiment, he arranged for her brainwaves, and ‘read’ a randomly chosen five-digit number put on a shelf high over her head. While confined to her bed by the medical paraphernalia, “floated up” and correctly identified the number.

“In out-of-body experiments – or remote viewing, as some researchers prefer to call it – Psycho Ingo Swann can “go” to any spot on the globe, given its latitude and longitude, and sketch

correctly the mountains, rivers, roads and buildings just as they are at that point.

When asked in an experiment at the American Society of Psychical Research in New York to “go” to a hidden box and describe its contents, Swan rejoined. “You forgot to turn on the lights in the box. It’s dark. “He was correct, but these are minor accomplishments compared to what Swann and his colleagues seem to be able to do on their own. Once, filled with ennui by months of lab work in California, Swann phoned his friend psychic Harold Sherman, 2,400 kilometres away, and proposed they take a 1000 million-kilometre trip together: “go” simultaneously to Jupiter, which neither of them knew anything about, but by which pioneer-10 was scheduled to pass. Sherman agreed. Their respective observations of colours, landscapes, atmosphere and other conditions were filed the next day with astrophysicists and showed remarkable convergence. Nor were they far off from pioneer-10 data.

Challenged by a science editor, they turned their attention to Mercury, by which Mariner-10 was soon to pass and radio back data. Prevailing opinion was that Mercury had neither atmosphere nor magnetic field.

Yet each psychic reported a thin atmosphere and a magnetic field – confirmed by Mariner-10 within a month.

[Insert PHOTO here]

Parapsychological research in areas such as mental telepathy and clairvoyance is now being performed with modern apparatus. In this photograph a subject is being tested by machine, using a five-figure test developed by Karl Zener. The machine records how many of the same figures are selected by both subject and examiner when all physical contact between them had been eliminated being performed with modern apparatus. In this photograph a subject is being tested by machine, using a five-figure test developed by Karl Zener. The machine records how many of the same figures are selected by both subject and examiner when all physical contact between them had been eliminated. *(Source: Macmillan family encyclopaedia, 1980 p.81, vol.15)*

Several successful attempts were made to map the brain structure of clairvoyants. The psycho-physiological mechanism of clairvoyance revealed that the third eye is a miniature brain within the brain. Enclosed within the protective amour of the skull enveloped by a shock-absorbing cushion of fluid almost in the center of the brain is a

small pie-sized organ known 'ascervulus cerebri' (brain sand), the seat of the mind and the high-power camera of clairvoyance. It is also known as the pineal gland, *the brain within the brain*. Packed into this confined space are an estimated ten million fine particles, microscopic never cells that constitute the working units of the pineal gland, grouped into millions of individual circuits and each performing a function assigned to it by heredity or learned by experience.

CLAIRVOYANCE

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The pineal gland, the evolutionary gift in man, enables to communicate what he had learned and to pass down from generation to generation his collective experience and memory.

When this gland is enlarged, when it is capable of responding to exceedingly rapid vibrations, it confers the gift of super-physical sight.

By means of this minute gland in the centre of the head, man can be in instant touch with anyone around the globe, hurdle time and space, know the future and past as well as the present and unveil the secrets of all the mysteries that surround him.

THE BRAIN STRUCTURE OF CLAIRVOYANCE

The brain structure of a fully self-conscious clairvoyant shown above reveals the multi dimensional spinning vortices of subtle

energies (4,7,9). Constant flow of bluish electro-magnetic energies in between the pineal and pituitary centres (5&6) vivify the field of illumination known as Ajna Chakra (7) wherein the clairvoyant visions appear. In Yoga and Occult lores these centres are identified as “Chakrams” (Force Centres).

1. Cosmic Kundalini Energy
2. Psychic Pranic Energy
3. Psychic Energy in brain
4. Visuddi Chakram (clairaudience)
5. Pituitary Centre (Paternal Hereditary influence)
6. Pineal Centre (Maternal Hereditary influence)
7. Ajna Chakram (Clairvoynace)
8. Lalana Chakram (Magnification/mini fication mechanism)
9. Sahasrara Chakram (The pineal doorway for psychic projection).

* *“Revelations in Spatial Wilderness : Mechanism of Conciousness in Transpersonal Worlds” by the Author page:20*

SEVEN STATES OF AWARENESS :

According to ancient metaphysical traditions, man has interpenetrating and extending beyond his physical body, subtle bodies of finer gradations of matter, known collectively as ***Pancha Kosas***. They are said to be the transformers of energy from one plane to another and are known as Etheric, Astral, Mental, Casual and Bliss bodies. The manifestation of various super physical gradations of clairvoyance are dependent upon the development of these psychic centres in the corresponding inner structures of man. The septinary classification of clairvoyance corresponding to these various states of awareness has been :

1. Simple physical clairvoyance
2. Etheric vision
3. Astral sight
4. Mental clairvoyance
5. Casual clairvoyance (Egoic)

6. Monadic or solar systemic clairvoyance
7. Cosmic sight

Of these seven grades, the simple physical clairvoyance will be separately discussed in Chapter III under *“The Art of Crystal Gazing”*.

ETHERIC VISION

The first higher form of clairvoyance is known as Etheric vision. It enables to perceive a far larger series of physical vibrations beyond the spectral limits both the ultra violet and the infra-red. Inanimate objects become almost transparent. A perfect master of controlled etheric clairvoyance will be capable of performing with ease the proverbial feats of seeing through a brickwall or reading a closed envelope. To the etheric sight the brickwall or the sealed cover will look like a light mist. A psychic seems what is going on in an adjoining room almost as though no intervening wall existed. The etheric vision will easily reveal the contents of a locked box as well as the passages in closed books. The last feat may strain the psychic, because each page has to be

looked as through all other pages as they will appear to be superimposed upon it.

The solid ground upon which the psychic walks becomes transparent to a certain extent. This enables him to watch creatures burrowing underground, to distinguish a vein of coal or of metal. The limit of etheric vision when looking through solid matter is analogous to looking through water, i.e., one cannot see beyond a certain distance, because the medium through which one is looking is not perfectly transparent.

The etheric sight also reveals various classes of being known as Fairies or Gandharvas. They are not capable of reflecting any ray with the visible spectra as ordinarily seen. Nearly all the fairies, gnomes and brownies about whom popular legends are retold universally are among them. Many clairvoyants have testified that our planet is twice as densely populated by Gandharvas as by men.

The bodies of humans and animals are revealed in the main transparent, so that the action of various internal organs can be watched and diagnosed for any malfunction, if any.

An etheric clairvoyant would also perceive the etheric double of man. Almost closely identical in size with the physique, it would hardly be visible completely, unless it were partially projected in altered states of consciousness like hypnosis. At death alone, the etheric double separates out from the physical coil. Churchyard ghosts are said to be free etheric double hovering.

Another scene of compelling attention is the etheric granular space wherein spiraling geometric shapes of splendid colours of atoms vibrate in various patterns.

THE INFINITE REVEALED

‘ I AM THAT I AM ’

Face to face with the mighty forces and elements of Nature the Cosmiscent, contemplating his absolute unity with the multiplicity of the Universal, fearlessly contemplates his purpose and place in the Great Plan of the Universal Architect.

CLAIRVOYANCE REFLECTS MEMORY PHASE OF THE
UNIVERSAL MIND

All history of an object, including people and events connected with it, is recorded in the Akashic Record (the subtle reflecting ether). Akashic record is the coded memory of the Universal Mind. After reaching this source of the Universal Memory through a selective medium, the connecting vibration, a psychic obtains all facts about the history of a person. Place of event.

Rusi

Introduction to be supplied later.

Varieties of sporadic and passive clairvoyant phenomenon.

Momentary psychic flashes, vision or audition or both, occurs frequently as a result of a strong mental link or emotional bond between two intimates, which generates magnetic currents from one to the other. Any unusual stimulus in the minds of any of these bonded individuals will at once release these psychic currents, causing temporary clairvoyant awareness of the conditions or events experienced.

Of the many cases frequently reported, the following case of a newly wed couple explains the nature of such sporadic clairvoyance: A young man leaves home in the morning as usual and in the course of the day, while attempting to cross a marshy road a speeding vehicle knocks him down on the road. However he escapes uninjured. Exactly at that moment a vision of the accident scene flashes before his wife, miles away at her home. Suddenly she drops the wiping cup in her hand exclaiming, "My God; he's hurt". Tears moisten her eyes. On

reaching home, he relates the episode; and the strange coincidence of time puzzles both of them.

In every case of unexpected occurrence of clairvoyance a strong personal link may not be present. The door between the physical and inner regions of consciousness can be opened accidentally in many other ways and then what is seen or heard may not have any significance at all.

One of the effects of taking too much alcohol is that the psychic barriers between the inner and outer worlds, wear out so thick that meaningless visions are seen through the veil. Long sustained stress, mental shocks, illness, various forms of excitement, the irreversible side effects of certain drugs can cause intermittent clairvoyance. These conditions temporarily oversensitise the solar plexus to exhaust all emotional conditions. Accidents can also momentarily exteriorize consciousness from the physical body like anaesthetics and on the spot one can astrally see what happens around him. Such a chance glimpse may not reveal any significant meaning other than the mere truth that man is more than his physique and has

his psychic body as well Acharya Rajneesh fell down from a tree branch and yet saw his body under the tree from his “double”. This single event drove him to search for the unseen realities for the rest of his life!” Likewise many forms of sporadic clairvoyance interestingly manifest to prove the existence of the super physical nature of every human being. If these casual contacts of the super physical realms are recurring it is important know whether they infuse the physical system in any way.

HYPNAGOGIC REVERIES

Many people have described the states of meditative reverie, hypnagogic imager (from Greek hypnos-sleep+agogos-reading) in which creative solutions and inspirations come to the consciousness. Williams Blake, John Milton and Samuel Coleridge are classic examples of artists and poets who drew inspiration through such imagery. Robert Louis Stevenson’s ability to command “the brownies” in his mental vision to furnish him a story is well known. Mathematician Henri Poincare’s description of a vision be beheld as he lay in bed

awaiting sleep is also well known: mathematical ideas rising in clouds, dancing before him, and colliding and combining into what he recognized as the first set of Fuchsian Functions, the solution to a problem he had been struggling to solve for some time.

The chemist Friedrich Kekulé had a series of dream like reveries in which atoms “gambored” before his eyes, leading to “the most brilliant discovery in the whole range of organic chemistry” that some organic compounds occur in closed chains or rings. He vividly narrates this reverie that led to his famous discovery”.

“One fine summer evening .. I fell into a reverie, and lo! The atoms were gamboling before my eyes. Whenever, hitherto, these diminutive beings appeared to me, they had always been in motion; but up to that time I had never been able to discern the nature of their motion. Now, however, I saw how, frequently, two smaller atoms united to form a pair, how a larger one embraced two smaller ones: how still larger ones kept hold of three or even four of the smaller; while the whole kept whirling in a giddy dance. I saw the larger ones formed a chain.. I spent

part of the night putting on paper at least sketches of these dream forms.”

In another instance Kekul’e relates: “I turned my chair to the fire and dozed. Again the atoms were gamboling before my eyes. This time the smaller groups kept modestly in the background. My mental eye, rendered more accurate by repeated visions of this kind, could now distinguish larger structures, in manifold confirmation; long rows, sometimes more closely fitted together, are twisting in snake-like motion... the form whirled mockingly before my eyes. As if by a flash of lightning I awoke....”

* THE ART OF CREATION by Arther Koestler.

The Macmillan Co., New York (1964)

BIOFEEDBACK : HYPNAGOGIC (AUTOGENIC) TRAINING

Biofeedback means getting an immediate visual or auditory information about one's biological process or physiological variables like the heart rate, skin temperature, brain-wave activity or muscle tension. Usually information is fed by an oscilloscope or by a meter; subjects can watch the polygraph charts as it emerges from the recording devices. Even extremely complex and deeply buried bodily processes can be delivered or fed back by modern bio-medical instruments to the partaker (subject) while it is happenings, second by second, for so long as is required. Bringing to conscious awareness of psychophysiological processes enhances voluntary control over them – i.e. conscious control can be extended over normally unconscious and involuntary body processes. Biofeedback training can be used for any psychosomatic regulation.

Research in many laboratories has demonstrated voluntary changes in such diverse functions as blood flow, heart behaviour, blood pressure, brain waves, gastrointestinal functions and airflow in

bronchial tubes (for asthma control). It may be possible to bring under voluntary control any specific physiological process or response that can be continuously monitored, amplified and displayed.

The earliest application of the bio-feed back technique was probably made long ago by Yogis learning to regulate breathing for instance learning to slow it to one breath per minute. Involuntary jerking of the diaphragm (the automatic response to anoxia) fed back to consciousness the action of normally unconscious processes. One of the goals was to teach the body to be quiet, which indirectly is a control of the basal metabolism rate. Slow breathing is associated with mental quietness. This procedure is a form of non instrumental bio-feed back. For this reason bio-feed back is known as the Yoga of the West.

Using the bio-feed back principles, Dr. Lawrence Kubie* (1943) trained his patients to get into a state of "hypnagogic reverie" in order to delve deep into the unconscious mind and draw subjective data 'without multiple distortions that occur in dream processes'. Kubie fed back amplified breathing sounds as a

monotonous fixating stimulus and observed a great quieting of the body as a result, a state conducive to gaining awareness of hypnagogic imagery.

* Quoted by Dr.Elmer Green in 'Beyond Biofeedback' (1977) Dell publishing Co., Inc.NY. P.132

BIOFEEDBACK : 'THETA IMAGERY'

More than one million mile long EEG records have been crossed by an ovemy of brain wave researchers all over the world, since Hans Beeger discovered in 1924 the little currents* of the human brains. This vast stretch of EEG strip charts enabled the curious scientists to trace the exact relationship between various brain rhythms and observable human behaviour patterns.

In 1958 this brain scanning led to an interesting possibility of controlling involuntary functions at will. One researcher Joe Kamiya** observed that if a person were continuously informed by lights or sound about his own brain rhythms, as seen by an EEG machines, may be he would be able to turn them on and off at will. He added a relay circuit to an EEG machine to turn a tone whenever alpha rhythm was present in the occipital cortex (the 'visual' cortex at the back of the head) and found that college students rapidly learnt to control the tone. This amazing discovery led.

* of the order of 50 microvolts.

** 'Conscious control of Brainwaves' "PSYCHOLOGY TODAY"

magazine

I,II 57-60 1968.

To the visceral control by brain-wave training. Before the end of that decade (1960-70) many psychologists all over the world made most interesting studies on occipital brain-wave patterns and the states of consciousness. Later a new popular field of “awareness training” – brain-wave control trainings – emerged.

The brain wave patterns have been classified into four major types: Alpha, Beta, Theta and Delta.

Alpha rhythms are associated with conscious awareness as in meditation. Alpha generally appears when one closes his eyes.

By contrast, Beta is usually associated with active attention or intense thinking. When one is trying to solve a specific problem, the brain-wave activity contains a predominance of beta frequencies.

Theta rhythms are usually associated with near unconscious or subliminally conscious states. The presence of theta is often accompanied by hypnagogic or dream like images.

The lowest frequencies, the delta band, are generally found in people who are either asleep or otherwise unconscious.

Here is an example of theta training: “I did theta practice... and on this occasion was more successful. I began with regular breathing, sayings so-sum, and visualizing the chakras – this for perhaps seven or eight minutes. I felt myself to be relaxed. Sometime towards the end of this period, I vividly experienced this scene: I was in a curious place. It was a corridor, well-lighted, that ran a straight length outward and somewhat downward. Off the corridor on the left (something like a New York city rail road apartment) were rooms, also lighted as far I could see, in which I felt there must be people and scenes. I saw into only the first of these rooms, and I saw myself and someone else, together but doing I know not what. I really peered into the room for a few seconds, then withdrew and stepped back into the corridor. I had something in my hand.. It may have been a rag doll and there were coins on the floor ... big shiny ones, not like money as we know it, but more like big ancient coins of gold and silver. Suddenly, as the conscious I became aware of this scene (as if the conscious – I said, Ok, look at this, this is a theta scene, I’m sure!) the I-in-the scene looked up at the

conscious I and halted what she was doing, as if she were spied upon; she stopped and looked at 'me', seeming to say, Well, so what do you want; Yes? Can I help you? You are interrupting me but I will attend to you so you will go away and I can go on with what I was doing.. That is what her look seem to say. And for a brief instant there were three of me: one in the room, one looking into the room and one looking at the first two. In this moment the scene froze and then faded. A few minutes later I ended the theta session and looking at the record, I'd say it was pretty sure that this experience transpired simultaneously with the few minutes of closely spaced theta activity that show on the polygraph just before the end.*

Theta training : Imagery and Creativity : BEYOND BIOFEEDBACK
by Elmer & Alyce Green. Dell publishing Co., Inc., New York
(1977) P.152

DÉJÀ VU

Deja vu (French for “already seen”) is the spontaneous experience in which a new event feels as if it had been experienced before. Many people have reported having the déjà vu or the feeling of re-experiencing an event even though it may seem odd. The feeling of familiarity accompanying déjà vu is often expected and inexplicable, leading many people to wonder if their déjà vu experiences are psychic, physiological or both.

Is déjà vu a clairvoyant experience? Psychic experiences of many kinds have been associated with déjà vu – reincarnational flashbacks, subconscious memories of psychic projections in time, precognitive dreams, and clairvoyance. A high frequency of déjà vu is reported by meditators who have a combination of all these Psi revelations.

déjà vu is interpreted as the cause of biochemically encoded ancestral memory. It means all memories accumulated over by the past generations into instincts, race memories, the collective unconscious and all that make up the totality of mind. Such a theory of memory, both personal and inherited, was advanced by

CG Jung as an explanation of déjà vu. According to Jung whenever an external event touches upon some subjective knowledge, this knowledge can reach the objective consciousness. “The event is realized as déjà vu and one remembers a pre-existent knowledge about it.”

While the déjà vu phenomenon has been reported in nearly all types of altered states of consciousness, brain stimulation also causes similar effects. Only half-a-second’s stimulation in the hippocampal and amygdala portions of the limbic system, lying deep within the brain’s temporal lobe, promotes déjà vu or strange familiarity. Dr. Jose Dalgado of Yale University noticed that patients stimulated in certain regions of the limbic system would listen to subsequent exchanges between themselves and the doctor with an air of amusement and beilderment. “But this has all happened before. I knew what you were going to say before you said it.”*

Patients with temporal lobe epilepsy who frequently experience déjà vu are more likely to have lesions in the right temporal lobe.

Coincidentally perhaps, the right hemisphere is non-verbal and more intuitive and artistic than the left hemisphere.

Another researcher R.Efron suggests that the brain hemispheres do not necessarily process a message simultaneously. In a right handed subject, a stimulus delivered to the left hemisphere for two to six milli-seconds after the right hemisphere receives the signal from the left side of the body. During the delay, the left hemisphere is unable to verbalize the sensation. The delay in the time it takes for the information to be passed to the talkative left hemisphere. If a lesion were to further delay the transfer. Efron felt that may be everything would appear to be happening twice, like instant replay.

* JMR Delgado (1969) PHYSICAL CONTROL OF THE MIND
Harper & Row, New York.

** Quoted by JE Orme in TIME, EXPERIENCE & BEHAVIOUR
(1969 ILIFFE).

This hypothesis falls short of accounting for the subjective feeling that one is recalling the distant past. Sometimes déjà vu phenomenon is accompanied by a wave of ineffable poignancy: the memory seems to be set in an emotional context. The psychic nature of déjà vu often leaves one with a feeling of wonder. This unique sense of wonder accompanied by strange familiarity is the hallmark of the clairvoyant experiences. Déjà vu may arise largely from memories of precognitive dreams and visions.

CG Jung, who had critically examined numerous cases in which dreams and waking states presented fore knowledge that led to later déjà vu experiences, significantly observed:

“In such cases chance becomes highly improbable because the coincidence is known in advance. It thus loses its chance character not only psychologically and subjectively, but objectively too, since the accumulation of details that coincide immeasurably increases the improbability of chance as a determining factor.”

TRAVELLING CLAIRVOYANCE

Travelling clairvoyance is a universal phenomenon in the sense that almost every one has experienced this Psi in sleep time, although a few people ever recollect this in their waking state. This mode of mind functioning has been variously known as psychic projection, astral travellings, journeys out of the body, ecsomatic or mind-out-of-body experience.

A bunch of such experiences has been collected and published by several researchers, Sylvan Mooldan, Robert Crookal, Robert Manroe are among them. A summary of really phenomenal cases reported by them suggests an overall consistency which appears in most of them. The people who have projected their astral double have at least once and sometimes often been able to watch themselves from a distance, as though completely detached from their own bodies.

Most of the report cases* occurred involuntarily: “I went to my room and lay on my bed. After a while I tried to get up but could not. Then I found I was standing in front of the dressing table mirror.

“I looked into it, there was no reflection of me, but I could see across the room in it. I was still lying on my bed. I become terrified. Frantically I wondered how to get back in.. I went back to bed and lay with my body..”

When an exteriorization occurred by surprise, many people found that the moment of realization caused an abrupt

1. THE PROJECTION OF THE ASTRAL BODY
 2. THE TECHNIQUE OF ASTRAL PROJECTION
 3. JOURNEYS OUT-OF-THE-BODY
- * ‘Mind-out-of-body’ mystery puzzles experts by Ben Sandilands
in THE SUNDAY STANDARD 6th April 1969 P.2

return to their physical bodies: “Then (after a factory accident) I saw on my left a group of white coated figures, bending over ‘something’ on the floor. Suddenly I realized that ‘something’ was me and immediately I flashed back into my body with the speed of light.

Several others reported that they had many experiences during childhood and lost the ability, voluntary or involuntary, as they

grew older: “As a child, I often found myself quite awake in a darkened bedroom, and well aware that ‘the other me’ was still in bed.”

Those who could consciously project their astral bodies practiced deep relaxation followed by mental imagination of releasing their double directly. One practitioner described the required vibrational conditions as “a certain balance of attitude – expectancy without anxiety, intense concentration of imagination, but no effort or will”. Conscious projectors like Ingo Swann (quoted earlier in chapter I) “travel” at will for considerable distance: in one instance Swann took a 1000 million km trip to Jupiter tracing pioneer 10.

Most conscious projectors found themselves at no great distance from their bodies, often near the ceiling or top of a door in a room and were able to look at and study their own bodies in distinct detail. Frequently conscious projections occur in illness or in states of exhaustion and stress.

Literature on mountaineering and polar exploration contains many references to traveling clairvoyance, almost invariably when the

people concerned are in extremis. A number of reports were received from climbers, who had seen themselves falling down a rock-face and watched the event in detached leisure, through the actual incidents could have only lasted seconds. These are apparently caused by stress. In a like manner motor cycle and car accidents release people involved, who report seeing their own bodies skidding along the road or being picked up by onlookers.

A small minority reported contacts with deceased relatives when out-of-their bodies. A vast majority reported “traveling” to landscapes ‘which did not resemble parts of the world of normal experience.’

In a number of instances a split second projection was observed by people talking and working in an apparently normal manner: “While delivering the sermon one Sunday evening, I became vividly aware of detachment from my body and was in the west end of the church. I saw the body in the pulpit and heard my voice.

“Without giving reasons, I did ask people afterwards if any incoherence had been noticed. I was assured everything was all right”.*

* Miss Cella Green from a survey of 1000 ecsomatic cases by the Institute of Psycho-physical Research at Oxyford.

DERMO- OPTICAL VISION

resembles what magicians demonstrate as the flabled eyeless sight on the stage. With both eyes covered with large globe of dough and many yards of cloth wound, turban-like, around his entire face from the top of his forehead to the tip of his chin, the magician proceeds to read books, solve mathematical problems on a blackboard, and describe objects in front of him. Robert Houdini, krida bux, Joseph dunninger and P. C. Sarkar were among the magicians who had stunned their audience by performing this feat of “Seeing without eyes.”

In 1920 Jules Romins reported experiments in Visin Extra-Retinienne * which he claimed demonstrated that blind folded subjects could learns to read and see colours with their skin. During the 1960s, ' eyeless sight' moved to the foreground of world's scientific attention when the soviet scientists investigated the phenomenon and gave it a scientific validity and the name, ' Dermo Optical Perception” or DOP. In 1965 almost an entire issue of the

International Journal of Parapsychology ** was devoted to translations, discussion, and criticism of the Russian discovery :

Blindfolded subjects could distinguish colours by feeling the texture of the colour. For example, Yellow felt smooth and slippery, while red felt rough and sticky. At a distance of 20 to 80 cm subjects relied on temperature sensations to distinguish colours. The red end of the spectrum felt warm, while the blue end cool. These and other reports were sensationalised by the news media.

The Russian interest in DOP sparked when a 21-year-old lady, Rosa Kuleshova was reported to read newsprint with her elbow! Although not herself skilled in Braille, in order to aid her work with blind people. As a consequence, she developed a fine sense of touch which eventually led her to a realisation of a new ability. She discovered that, with her eyes shut and using the third and fourth fingers of her right hand, she could distinguish ordinary printed letters and shapes (as distinct from the raised Braille characters)

Professor Novemeysky of the pedagogical Institute in Nizhny Tagil saw her and was impressed with her DOP abilities. He took her to a meeting of the All-Union Society of Psychological, where she

successfully demonstrated her finger vision before an assembly of scientist.

Rosa was then submitted to scientific scrutiny again at the university of sverdlovsk, where again her abilities were validated beyond all doubts. From there she was sent to Moscow to be examined by some of Russia's foremost ophthalmologists, who also pronounced her feats to be genuine. Like the other scientist they could offer no explanation of the phenomenon.

Their report detailed some of her feats. When completely blindfolded, Rosa read newspaper headlines and the large print of children's books as rapidly as a person with conventional sight. She also read correctly, though more slowly, the smaller print of newspapers. She described illustrations in magazines and easily recognised the colours of paper, materials and even threads.

In darkened room, she did not perform so well, but could still name large letters and the colours of cloths and coloured powders. When a scientist put playing cards in a bag, Rosa, By feeling them, could pickout any card named.

With practice, her performance improved to the point where she was able to name colours through glass or cellophane, and to identify the colours of liquid in glass tubes. On one occasion, the scientists showed her a green book under a red light. She said it was blue. Then unknown to her, the light was turned off. She was confused and said that the book had suddenly changed colours.

After years of practice Rosa extended the range of her accomplishment, which included seeing through her toes.

Inerritably, she was invited for TV performances. Her programme was watched by the mother of one, Lena Bliznova. Out of curiosity, the mother, whose husband was a doctor, checked on Lena to see if by some remote chance her daughter had any similar ability and found that she had.

The mother at once took Lena to some scientists at KharKon. Izvestia reported the occasion thus:” The scientists committee was stunned. Nine-year-ols Lena Bliznove “read” with her hands! They spread before her lists of different coloured printed letters and the little girls hardly touching the materials with her fingers, erroressly

named each colour and letter. The child was most securely blindfolded.

“The examiners, stickers and skeptics, checked Lena's blind folds, studied her face for signs fo peeping and then to remove all doubts, placed samples of all coloured papers behind the little girl's back. Lena reached behind her back and just as confidently said ' Blve..... and this is green with wihite stripes?

“The scientists complicated their tests. They asked lena to name the colours in a stack of differently coloured papers. She did, merely touching the top piece. And she 'saw' an illustrations concealed under several thick books!

Earlier in 1950s, a Russian psychologitst Alex Leontyer carried out a series of experiments which were based on Pavlov's classical technique of shock avoidance. It was arranged for a red light to be shone on the palm of a subject's right hand, which would be followed immediately by an electric shock. The shock could be avoided only by the subject lifting a finger of hes left hand from a key a split second after the light shone. The subjects learnt to avoid the shock,and the

only way that they could have done so was by sensing the red light on their palms.

Leontyev refined these experiments by using lights of different colours, so that, for instance, the subject did not release the key when a green light was used and which was not followed by a shock.

J. Romaine, *Vision Extra-Rétinienne* (Paris 1920) English translation : *Eyeless Vision* translated by CK Ogden (New York: Putnam, 1924)

** Vol. 7 No. 4 pp 337-394, 435-454

ASTRAL SIGHT

The astral sight reveals the first region of the inner universe known as the astral world. This subtle realm interpenetrates and extends far beyond the horizons of the visible world, like ether permeating densest solids. It is distinct from the physical realm by the brilliance and subtlety of its intrinsic constitution. The word 'astral' from Latin *astralis* means 'starry' or glimmering. The astral sphere exists above, below, around and through everyone. All move and live in it, yet it remains invisible and imperceptible by the senses, until the astral sight is verified.

The astral sceneries much resemble that of earth. Everything appears to be transparent – the back is visible as the front, the inside as the outside of an object. The most striking feature of the astral phenomenon is the amazing swiftness with which all forms change their symmetrical shapes under the influence of thoughts and emotions. The air is visibly seen as a multi-coloured sweep all around.

The expansive vault of the astral is ever filled with the sculpture of vibrations caused by the thoughts, feelings and fancies of its

denizens. Millions of colourful clouds the vague thoughts of the masses – drift around, reach and cling around like-minds and after a while melt into the elements of astral atmosphere. Precise thoughts of the intelligentsia fashion in clear shapes of infinite designs. These thought images can be sent to reach any person by the thinkers.

Strong emotions like love generate more vigorous and lasting forms than thoughts. Many a mother's loving care, shaping into crimson ballons, go to lover round her child as a protective shield against any perchance harm. So also malignant emotions hurl injurious missiles at their victims. Often negative emotions boomerang on their projector if the targeted person strongly repels it by his power of positive thinking. Likewise blessings to unworthy returns back.

As most people are receptive rather than initiative in their astral nature, they reproduce and strengthen the emotions and thoughts which reach them astrally. By and large this causes the sharing of common feelings, regional and national ways of responding

to situations alike. Hyper sensitives are often emotionally paralyzed by these astral influences.

Besides these myriads of thought forces the astral realm is densely populated by countless humans – among them roaming excarnates who had lost their bodies by so-called death. There are unknown varieties of non human intelligences who direct the entire gamut of day-to-day processes in all the empires of Nature.

Astral clairvoyants of mediumistic trance pick up largely vibrations through their solar plexus. Two centres of consciousness, like the twin foci of an ellipse one at the head centre and the other at the solar plexus – permit other (often excarnate) beings to express through them. The head centre appears to be intensely positive in its polarity and is clearly capable of receiving and transmitting all vibrations, while the solar plexus the negative and can only be a sensitive channel to astral vibrations.

Clairvoyants of trance psychism vary in their psychic abilities. Some are fairly alert, confused. Making use of their combined capacities of clairvoyance, telepathy, psychometry, precognition

and various other aspects of the Psi, while the majority are dreamy and unconscious of their external surrounds, wrapped in the privacy of their own thoughts, drawn into their astral shell are millions of trance psychics, the world knows not.

The astral sight is a link in the chain of mechanisms of clairvoyance which integrate the personality with the individuality (the inner self). While looking downward to the ethic-physical bodies from the astral, the spine is radiantly seen as a brilliant golden ray, the chakrams stem like flowers from the spinal cord. The eyebrow centres of astral, etheric and physical brains nearly coincide with one another. A subtle nadi (cord) passes upwards through these crown centres into the next higher subtle realm – the mental plane.

The astral body of man is composed of finest particles, glimmering like stars. It is a beautiful object, highly luminous with a brilliant photosphere or spectral radiating energies. The astral body is almost double the normal physical dimensions. When sleep supervenes, everyone passes on to the astral realm and function independent of the physical. During physical sleep, the

astral bodies of ordinary masses roam about, drifted by the astral currents. These are the so called 'journeys out-of-the body'. By this man may gain access to vast knowledge when out of his body.

Astral clairvoyance also bridges over the chasm between astral and physical consciousness, day and night no longer exist for the psychic, since there would be perfect continuity of consciousness between astral and physical lives. For the clairvoyant death, as commonly thought, ceases to exist since he carries that unbroken consciousness also through the portals of death itself. At death man shakes off his heavier vestue and lives in the astral and higher realms.

Man may slightly densify his astral body by drawing into it, from the surrounding atmosphere, particles of physical matter and thus 'materialise' sufficiently to become physically visible. This is the rationale of bilocation as well as astral apparitions.

In terms of the solar days, an astral day is the first fifteen days after the news moon (waxing period of the moon), an astral night is

reckoned after the full moon day to the next fifteen days (waning period of the moon).

The astral clairvoyant may slightly densify his astral body by drawing into it, from the surrounding atmosphere, particles of physical matter and thus 'materialise' sufficiently to become physically visible. This is the modes operandi of bilocation or appearing at two different places simultaneously. By such materialization man can act through the astral in the physical realm – often save the people involved in crises or can at least convey a message. An unconscious materialization is called 'apparition'

The whole mental universe with its multi billion beings of humans and super humans together with an infinitude of their mental creations resembles the beautiful art work upon a multi colour tapestry leaving the impression that one Macro thought image of the universal mind has ordered it. Behind the multiplicity of divergent mentalities, there is a harmonious unity – the expression of a single infinite thought. Every man is only a partaker of that Divine thought, outside of which his thoughts have no existence.

CAUSAL SIGHT (EGOIC)

The name 'causal' (or Karanam) plane is generally referred to the supra-mental realm, which is the true 'home' of the inner man during all his cycles of excarnation and incarnation. The inner man clothed in subtle in destructable (causal) body has been variously known as the "Jeeva", "Ego", "subliminal self" or the "Shining Augoeides". The intrinsic vibration of the causal body is a Mantra, the true occult name of the individual.

Looking within clairvoyantly at the inner man it reveals the shining ideation of a human form. His countenance is a highly glorified expression of the physical face of the incarnated man, and his eyes are ablaze with concentrated intelligence and power. His consciousness is vividly alive, radiantly happy and at the same time calm and serene. Changes in him appear as great flashes of colour and light. Perception and expression (response) are simultaneous. Cognition is instantaneous, complete and unlimited as regards numbers of 'objects' and ideas apprehensible at the same time, for the inner man can "converse" (by super telepathy) with any number of people at

once, with equal perfection of comprehension and concentration. Life and consciousness behind all forms is contacted, not by the passage of vibrations, as in personal cognition in the three lower realms, but by realization of unity of essence. Companionship reaches apotheosis at this higher level in complete fusion and mutual identification.

All capacities acquired during successive incarnations in the physical and super physical realms are stored in a subtle form in the causal body. Hence the yogic 'karana shareervam', seed for repeated cycles of birth.

The inner man knows truth by becoming that truth, by changing momentarily into a living expression of it. When such an inner illumination occurs, a great flash of energy explodes and the Inner Man greatly expands. Philosophies, principles and abstract varieties are also comprehended instantaneously by a process of unification and identification of the whole being with the essence of the subject.

That part of man which studies the different states of mind is also the 'Ego' or the inner man. The inner man finds an outer expression

of his qualities in his personality as an abounding love for all, a general benevolence, idealism and an in depth probing tendency to analyse cosmic laws of life behind external phenomena. As the capacity for Egoic clairvoyance increases, flashes of intuition illumine the personality and produce an instantaneous realization of truth, a group of metaphysical conceptions and a growing faculty for abstract thought.

Although the inner man is capable of super telepathy or continuously keeping contact with many hundreds of people and hold them in the direct play of this consciousness, there is no apparent dimunition of the power by which he controls and inspires his personal vehicles.

The entire absence of limiting factors, such as fatigue or pain, leaves him free to withdraw himself for contemplation and send down waves of power and light into his personality on special occasions which call for inspiration – A lecture, a study group, research work, literary and artistic effort and absorbed Mantra Japa (meditations) open up opportunities for this which the inner man never fails to take advantage.

The Inner Man and his personality are not two separate beings, but are one and the same, for the Ego puts down a fragment of himself into incarnation. During the period when the Ego is out of incarnation, he is quite powerless in the visible material worlds. While descending down into incarnation the Ego fabricates in the lower realms the subtle and the gross bodies in order to establish contacts with the lower planes. Although every new incarnation opens up a new set of opportunities beyond his normal range, the Ego faces almost limitations down below. The impacts and experiences through these limited expressions reach him and greatly enrich his awareness.

In the early cycles of evolution, as that of a simpleton, the personality development is so elementary that the enrichment from each incarnation is very little. During these stages, the Ego is constantly in receipt of vibrations from the personality and is also conscious of the life forces from the cosmic planes through him into his lower vehicles.

This march of evolution extends to tens of thousands of incarnations spanning many Yugas and several Kalpas until the personality

offer the Inner Man a less limited field of activity in the everyday life, for which the Ego reaps rich rewards – such as the complete mastery over the personality, growing powers of self expression through the lower vehicles and manifold addition of capacities in his inner realm.

This stage of evolution is marked by an increasing tendency for abstract thinking in the personal consciousness. A very natural capacity to raise above the limitations of concrete analytical thought is developed and an ability to channelise the Inner Man's reflections in the brain consciousness is gradually attained.

As this phenomenon of inner reflection and the Egoic expression becomes more frequent and more distinctly marked, the personality and the individuality turn their attention more and more towards each other. The inner man gains an increase of power to express himself in the physical realm and is enriched by these resulting experience, which hasten his inner evolution.

From this milestone onwards, the evolutionary progress is marked by a gradual fusion of the Ego and the personality. Until this quickening process commences from within, the Inner Man struggles for self mastery over his personality either momentarily or permanently, the habits of thought feeling or action acquired through many life times dominate the personality so power fully that the Ego has no sway over them. This inner conflict between the individuality and the personality is the sign of inner awakening. The Inner Man evolving through the personality of denser vibrations increasingly overcomes all resistance and establishes a close relationship between Him and His personality, which makes Him a genius in the realms of action.

Side by side with this increase in the range of powers in the personality spheres, the inner man experiences an infinite expansion into the realms above the level of abstract thought. The power and radiance of the intuitional and spiritual realms (Jama and Thapo Lokas) illumines Him. He becomes a Dwiya – twice born or re-born in bliss bodies, through which the Ego is

able to gain contact with and express Himself in those lofty realms.

In a manual worker, the Inner Man's development is gained almost entirely by contact with the lower realms. In a mental worker, the Inner Man learns to acquire the added powers of the Egoic consciousness. In a spiritually awakened man, as in the case of clairvoyants, the Inner Man begins to withdraw from the lower (physical, astral and mental) realms and focus His consciousness on the higher realms, as a See His mastery over all is complete.

The whole cosmos pulsating with all its remote galaxies and millions of island universes, from the highest plane down to our physical earth, is revealed as being inter locked, interwoven to make a single collective whole body, one life, one organism, one consciousness, all cyclically evolving under one Great Law. The parts of the island universes with all their myriads of manifestations, from an isolated speck to gyrating planetary chains, though apparently separated in vast sea of space and hidden levels of existence, are closely inter related, inter communicative and continually interactive. Galaxies and their

component systems and the planets with their kingdom and planes of Nature, elements, hierarchy of guiding intelligences, radiating forces and notes are revealed to the Cosmic Sight not only as the unifying parts of a perfectly coordinated whole and in complete harmonious resonance with one another but most significantly have their corresponding representations within man's inner constitution.

The ancient Rishis who experienced this Cosmic Vision have said, "Yatha Brahmandaha Thadha Pindaha" (man is the epitome of the universe).

Their teaching point out a Cosmic Law that all components of both the Macrocosm and microcosm are interwoven and interactive according to a natural universal system of vibrational interchange. The harmonious resonance between the many apparently separate parts of the universe and corresponding parts of man's constitution led to the understanding.

MAN IS AN EPITOME OF THE UNIVERSE

In his spiritual, intellectual, psychical and physical make up man is a miniature replica of the whole Cosmic Order of created beings and things, a model of the totality of Nature. Man contains within himself the collective aggregate of all that has ever existed, does at any time exist and will ever exist throughout the eternity of eternities.

The solar systemic phenomena reveals that the earth and its contents are continuously bathed in the mammoth energy spectrum of the sun and the cosmic – the millions of remote galaxies and island universes. Though earth is an isolated speck in a universal sea of energy, all the cosmic forces continuously flow through each cell of man and are a vital link with the natural order that governs the great phenomena of the universe. An healthy man constantly absorbs and sheds back these life forces and this causes the luminous glow around him to a distance of about eighteen inches or two feet in all directions. At the first glance its field of radiation is oval; its edges fade into invisibility gradually.

A closer look reveals that the human aura is extremely complex in its structures; and has several distinct components – hereditary, reincarnational and environmental influences.

Aura reveals health of the body by an infinitude of straight lines radiating evenly in all directions; but on the advent of disease, the radiations of the affected part instantly changes from its parallel flow, and becomes erratic. In perfect health these lines of radiation are firm and straight that the body seems to be almost entirely protected from the attack of disease germs – from bacterial and viral injury – by the out rushing energy radiations. As the subtle energy readily obeys a mere mental commands.

CLAIRVOYANCE

- (1) The author would also like to make this work practically a one volume library on clairvoyance so as to aim at the UGC market (Rare books scheme); and would like to include all suggested topics by the publisher.

- (2) For the fifth chapter the author would like to illustrate now ‘clairvoyance probes into the mysteries of life with a chart of the VEDIC COSMOLOGY. It would add to the value of look : It can be used for an indoor game at certain astrologically significant times to trace one’s involution and evolution through out one’s existence in eternity it presents the complete picture of the Hindu views on Man, God and the universe, which the Indologists have been trying to trace out from their study of the Vedas, Puranas, itihās and the upanishads. A model of this chart is enclosed. “A chart of 14”x 20” size containing the 132 planes (Island Universes) of the manifested cosmos (known as Leela Vibhūthi) and the eternal Abode (known as Nitya Vibhūthi or Paramapada) exactly as described by the Vedic

Seers has not yet been presented to the Western world in a published form, nor even the 14 Mystery School (like the Freemasonry, the Rosicrucian Brother and others) have ever heard about it.

This chart will also enable the readers of "Occult Principles of Everyday Life" (the companion volume) to understand the live states of cosmic consciousness and the principles regarding the penetration of the Universal Mind described in the second chapter on Cosmic Consciousness.

- (3) The author would like
- (4) A New Painting for the 'Infinite Revealed' is under preparation by an Indian artist and the preview photograph by Leopold de Postels (1940) can be deleted.
- (5) The author has drawn a hair-splitting distinction between the Advaita and Vishishtadvaita philosophy by presenting two

states of awareness in the Cosmic Consciousness merged and witness states. While his personal experiences prove that the monistic view is his highest experience, at the merged state of universal unconsciousness the Extra-Cosmic Personal God Concept. Seems to be the ultimate reality. The author wishes to be inconclusive regarding the nature of Godhead.

- (6) The author is well acquainted with the Vedic love as well as the occidental esoteric occult philosophy; By comparative study draws certain conclusions such as the Cosmic Consciousness is not localized anywhere in the whole Cosmic Space but at Tirumalai. (Tirupathi, A.P.) 108 proofs are available the author presents Mantric proofs in the Second look (Occult Principles).
- (7) For the final chapter on methods of seership, the author wishes to present all the keys to inner mysteries - the two major keys Gayathri & Kundalini in full detail, and would like touch upon 3000-odd minor keys taught by various esoteric schools. (permissions awaited).

(8) In the 7th chapter, questions on methods developing seership can be added- such as the necessity of vegetarianism, meaning of wearing symbols on the forehead,...and several other questions suggested by the publisher.

(9) The out standing achievements of Western Clairvoyants can be added. The author has a few sources and would like the publisher to suggest several others-

(1) Clairvoyant study of 'atom' and discovery of several isotopes and some elements by A Besant and CWLeadleater; (1895)

(2) Clairvoyant studies of extra tenesterial life on Mars and Mercury

(3) Aura-Kirlian photography studies.

(4) Studies Atlanthir and Leminria the lost continents.

(5) Forth Dimension

(6) Thought Power

Closely associated with the physical glands are what are called 'Chakras' or force centres in the etheric double, which interpenetrate the physical body and extend slightly beyond it. A clairvoyant can notice these chakras as saucer like depressions or vortices on the surface of faintly luminous violet-gray etheric body. When undeveloped, they appear like silver coins of about two inch diameter. Vivified and activated by Kundalini, they are seen as blazing, coruscating whirlpools. They can be likened to lotus flowers whose stems run from the spine and open out into bell shaped vortices on the surface of the etheric double. They spin continuously and are receptacles for superphysical forces which flow into the body through them.

These are the seven force centres frequently referred in yogic literature, the Puranas and the Tantric treatises like Shat Chakra Nirrpana. They are located in the (1) root of the spine (2) spleen (3) Naval, over the solar plexus (4) heart, (5) Throat, in front of it (6) Brow, in the space between the eyebrows (7) crown, in the top of the head. The dormant energy of Kundalini resides in the first chakram.

The splenic chakram draws and channelises vitality currents from the sun. The naval and heart chakrams relate to the psychic realms. The throat and the eyebrow chakrams are connected with the subtle mind. The coronal chakram is linked to the pineal gland and is the doorway to the consciousness for the next superphysical realm.

HYPNOTIC TRANCE CLAIRVOYANCE

Clairvoyant perception is one subjective manifestation of the mysterious collective phenomena known as hypnosis. Unlike the mediumistic sensitivity hypnotic clairvoyance is more easily manipulated. Precognition as well as retrocognition is spontaneous to hypnotic clairvoyance. Two American celebrities of hypnotic psychism have demonstrated this in recent times.

A young man in his twenties named Andrew Jackson Davis became an American celebrity on the 19th century lecture circuit with his hypnotic trance lectures, which sparked the popularity of his many books, all transcribed while he dictated in hypnosis.

Early in 1920's another popular hypnotic clairvoyant was Edgar Cayce of Virginia Beach. While in autohypnosis (first achieved by hypnosis and later self-hypnosis), Cayce was able to diagnose medical infirmities of people living miles away, whom he never met in his lifetime and prescribe remedies.

Twice a day for almost 50 years the late Edgar Cayce went into trance. In this state he explored human ills and obtained information of any sort. Thousands of incurable ill persons reportedly benefited from his clairvoyance on medical diagnosis and treatments.

He read the past like a universal history book and foresaw the future with astonishing accuracy. Many of Cayce's readings referred to previous lives in the past civilizations - his own farmer incarnation in Atlantis. Several readings are sufficient for any evidence of reincarnation. On the basis of his readings of past lives Cayce predicted an infant that the child would become a great doctor of the mind. Although the child's father wanted him to take up business, instead the boy qualified for a degree from the Harvard Medical School to become a psychiatrist.

MEDIUMISTIC TRANCE CLAIRVOYANCE

Trance Mediums are so called because they act as an intermediary between the living and the dead. Most of them are physical mediums possessing unusual psychic abilities, like precipitation and apportation, to varying degrees. Mental mediums are trance-

diagnosticians, readers of past lives, or recorders of paranormal voice directly onto magnetic tapes. Trance clairvoyants combine a variety of psychic abilities-psycho-scopy, precognition, psycho-kinesis, clairvoyance and telepathy-in their work.

Since the advent of scientific investigations of psychic phenomena over a century ago several trance mediums with rare clairvoyant abilities dominated the scene of psychical research.

PSYCHIC PHOTOGRAPHY

Since 1861 the first well-defined paranormal images were said to be produced on light-sensitized surfaces by Mr. William H. Murrler in Boston Photographing the invisible, Journal of American Society for Psychical Research 8, pt. 3 (1915) 148-175 by Tomokichi Fukurai. During the tests he requested the clairvoyante to try to imprint (bypsychic concentration of clairvoyance) only the middle plate in a triple decker film sandwich placed inside two boxes. When the clairvoyante did exactly as required, Fukurai tried on many varieties of experiments with her and other psychics. The results were collected

between 1910 and 1913 and published in his "clairvoyance and Thoughtography" in 1931 (English). RIDER, LONDON (1931)

Thoughtography entered a new phase with the advent of Ted series, a 42-year-old Chicago citizen, who simply stared into a camera lens and produced images onto polaroid film under controlled conditions. The validity of his claims were tested in the presence of multiple witnesses-physicians, physicists, engineers, physiologists - by a series of intensive investigations over several years. Observers supplied their own film, initialled on the wrappers, and if possible cameras as well. Several models were used, all loading and developing were done under the supervision of the observers (more than 30) who signed witness statements.

Over 400 prints of photograph like images ranging around 100 different themes were obtained (1964 to 1967). Several instances of optically impossible for any grimmick are described in 'The World of Ted Series'. "THE WORLD OF TED SERIOS" Dr. J. Eisenbrd, MORROW, NEW YORK 1967.

Thoughtography may be regarded as an unusual means of physical registration of momentary clairvoyant flashes. Critics of psychic photography with their arm-chair preconceptions could not account for the process of energy transfer. Even EEG tracings revealed no sign of effort of psychic photographers. Equally the electromagnetic spectrum tested remained completely unperturbed by the thoughtography. Last of all, excellent results were obtained when the camera was interposed by magnetic fields upto 1200 gauss.

CLAIRVOYANCE IN ANIMAL

All animals and birds, it is known, live in harmony with the natural rhythms of life guided by this inner sensitivity. Their psi functioning in animals explains the modes of the so-called biological clocks which regulate all their activities in apparent synchronization with the universe.

There has been a great many theories, speculations, proverbs and legends about the psi occurrence in animals, birds and fish. Psi is believed to play a part in directing the migration of birds and to underlie the marvelously coordinated behaviour in routine and

emergency alike. Birds knew unerringly when and where to migrate. Some animals knew when and how long to hibernate by an instinctive recognition of the unknown life-regulating forces of the universe. Every living creature responds to the rhythms of the solar systemic phenomenon such as the seasonal changes, the vagaries of weather and the longer annual cycle-the cyclic variations by subtle forces emanating from the planets sun, moon and the earth itself.

There are also innumerable anecdotes about the incidence of psi in domestic animals: The cats that find their way back home after they were missed in journeys hundreds of miles away, the dogs that howl at the time of the master's death, the pets aware of their master's return from voyagings.

PSYCHEDELIC CLAIRVOYANCE.

A psychedelic or mind expanding experience has been described by many as a journey or a 'trip' to the inner realms of consciousness, some common features of which are direct awareness of higher worlds, planes, spheres, dimensions or realities, states of consciousness corresponding to those 'higher' realities or planes variously called: the beatific vision, Samadhi, self-realisation, sat-chit-ananda, depersonalization, satori, nirvana, cosmic consciousness, etc.

Since the dawn of civilization many had left clear records of such experiences attained by a variety of other methods _____ like yoga, meditation (self-hypnosis), religious or aesthetic ecstasy, spontaneous experiences were also occurring.

Recent psychedelic phenomenon has demonstrated a converging parallelism between the two _____ the mystical and the psychedelic.

But the latter phenomenon can be much more usefully directed to bring about startling transformations in life if its rationale could be properly understood and intelligently adopted to.

A BASIC TRUTH

By injecting small dosages of the psychedelic drugs into the bloodstream that bathes his train man arouses into activity his latent psychic energy, otherwise known to ancient yogis as kundalini. All the transpersonal experiences without a single exception _____ including those of the psychedelic phenomenon – are possible only by the intense stimulation of kundalini. The ancient yoga treatise Hathayogapradipika (Ch. III: V: I) mentions this as:

“ Sarvesam Yoga – tantranam. Tathadhara hi Kundali”.

In the essential aspects the mystical and the psychotomimetic illuminations share several common kundalini effects : Luminous visions, the sublime nature of which surpasses anything known or even imagined in the normal state, unidirectional flow of prana throughout the experience, blissful nature of the supreme consciousness, synaesthesia, individual and species-wide synergy, transcendence of space-time dimensions, transpersonal states of expanded consciousness, oneness, unitive consciousness, cosmic awareness, ecstasy, bliss, awe, wonder, transcendence of self and limiting self-identity. Both these types of inner journeys land the

partakers in the mind's terra incognita, regions in the mind's antipodes where one faces the equivalent of marscupials ____ strange.

According to ancient metaphysical traditions, kundalini is the 'coiled up, cosmic life principle', extremely subtle and most powerful energy both in the universe (Macrocosm) and in humans (microcosm). In the latter, it is the evolutionary thrust in its active form and the procreative energy in its dormant form. When aroused into activity the kundalini can refine the brain and the nervous system, cicify the psychic centres and confic all Psi faculties and powers. The Kundalic in man can be activated by occult initiations, meditation on any psychic centre (chakra) or by drugs. Psychological creatures leading an autonomous existence according to the law of their own beings.

Misconceptions about this psychedelics in the minds of serious thinkers in this era of conscious action are due largely to the fact that the modern world, though remarkably advanced in physical and biological sciences, is totally lacking in the real knowledge of the occult and the sublime spiritual. Paradoxically the modern man has

not understood a third of the truth about himself, not a hundredth, nor even a millionth.

The inherent tendency of the human mind to fear and reject the unknown elements of our existence together with the largely negative experiential reports of the uncontrolled psychoactive phenomenon have directed the attention of true-seekers from the understanding a mighty law of nature by which man can raise himself to sublime states in a most rational way as natural and as practical as the birth and development of a child. Even multi-disciplinary approach to the subject, without the occult knowledge, has coursed total misunderstanding of the subject in several directions. At the least, an awareness of the inner terrain, nay a vast inner universe has dawned in the modern minds.

THE CAUSE OF PSYCHEDELIC AFTER EFFECTS.

The problems that usually arise in psychedelic experiences are due to distortions of the psychic energy within the subtle bodies. The subtle inner constitution of man is relatively plastic and is easily affected by the ascendance of the psychic energy. Any blockage in the path of

kundalini can cause over stimulation of that centre, leaving it finally to deplete, distort or congest with localized psychic currents. By this the etheric webbing between the psychic centres may be torn or burnt. The delicate contours of the auric biofields may become contorted, curiously stratified into sections or even torn. The chakras may be deflected off to one side if the nadis (*The subtle channels through which the psychic energies circulate in the subtle bodies) are not cleared prior to the risings of the kundalini or if the body (spine) is not held erect and motionless throughout the experience. By this the vorticular spin of the chakras may become locked-up, paralysed or inversely spun in the counter clockwise (apradhakshina) motion. Reverse spin of chakras, particularly, the Ajna Chakra, finally results perforated with pin-hole sized punctures. Small vortices or encapsulations are sometimes produced in the auric periphery.

States of stress – such as the stress of ecstasy, the stress of chaos, or the stress of depletion – may produce vegetative blockages or somatic disturbances, i.e. heart palpitations, clamminess, cramps or fevers. According to medical statistics of psychedelic abuse, this is very rare.

It is believed to occur in less than two out of every one thousand subjects.

Absolutely none of these difficulties arise during controlled experiments. The interfering spatial currents can be eliminated and the flow of energies through the structural and operational mechanisms of consciousness in man can be carefully regulated. In which case the subject is predisposed only towards 'bliss', and can be 'wide awake at the highest levels of inner consciousness'. This is easily achieved by.

MUTUAL RESONANCE.

The best way for a subject to control and direct the Kundalini under psychedelic stimulation is through the harmonious resonance with a developed yogi or a seer. Mutual resonance can only be an energy modes operandi for any psychic transformation. Under normal conditions, the gross, subtle and causal bodies of man are insensitive and unresponsive to the higher psychic energies, but the psychochemical dynamics produce within the inner constitution of any human a state of psychic tensivity and receptivity. The yogi or seer can

proceed to focus the subject within his Ajna Chakram, he can carefully shield, energize, and channelize the current within and without the subject's subtle psychic mechanism of consciousness. By this psychic resonance and harmonic receptivity any type of mental transformation including the opening of the clairvoyant sight, is possible. The psychochemical produces this condition for a period of nearly eight hours continuously, thus making possible a unique responsiveness to transforming

EXPERIMENTS IN CLAIRVOYANCE.

1. The study of HYPER SPACE or 4th and higher dimensions.
2. The predestination _____ 'chair test' of Ger. Croiset.
3. The occult chemistry discoveries _____ the structure of atom _____ modern particles physics correlation of QUARK theory)1979)
4. Clairvoyant diagnosis of psychosomatic and physical disorders (other than Edgar Cayce's) bacteriological research.
5. Bacteriological research
6. Clairvoyant study of MANTRAS _____ Cymatics of Music.

7. Crime detection by Clairvoyance
8. Clairvoyant revelations _____ LIFE ON OTHER PLANETS,
UFOs, Bermoola
9. Clairvoyant history of Mankind _____
10. Clairvoyant study of human AURA _____ modern Kirlian
discoveries _____ mean of colours.

CLAIRVOYANCE
7 DAY INTRODUCTORY LECTURES

(21-27 AUGUST 1995)

BY
CLAIRVOYANT A. SUNDARANRAJAN

Reverberating down through the millenniums were certain intonations of mystical potency-called the Gayathri Mantra - in our ancient land Ringing through the minds of men, the Gayathri has always in-spired to high states of ecstasy, Cosmic ideation and the Divine Revelation. This famous mantra, as has revealed to the lecturer, can open up the hidden realities of life.

Do not wait for the enlightenment ----- call it forth.

SOLVE any problem by direct communion with the cosmic Mind,

SEE without eyes by developing your PSUCHICSIGHT;

JOURNEY into outer space, yet remain in this one;

TRANSFORM your personality, actually become a dynamic person;

SEARCH for the unknown to free your mind;

LIVE A THOUSAND LIVES in one life-time.

DAIY

MORNINGS 8 AM - 11 AM

EVENING 3 PM - 05 PM

AT ADHYATMASADHANA KENDRA

CHHATARPUR ROAD, MEHRAULI,

NEW DELHI - 30

PH NO - 6802708

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nose was stout, the upper lip long, the mouth wide, firm strong and powerful, the chin receding and the cheek-bone showing prominently through the skin. The female was swaller in build and much less hairy, though still larger and stronger than any average civilized man of today.

The field we are in appears to have been open grass land in those day; the whole country was thickly wooded, mighty forests ranging as far as the eye could see.

The particular settlement under observation covers an area of about a square mile, over which families or clans are spread, each with its square group of earth and wood "houses". Most of these are below the ground level, with entrances built above it, making a kind of arched doorway. In some cases the walls of these arches are only about a foot thick, and consist of earth moistened and plastered on both sides of a cone-shaped frame-work of plaited branches; in other cases the lateral spaces between the top of the arches and the ground-level are filled in with earth, making large mounds about six or eight feet in height. Sometimes two of these face each other at distance of eight or ten feet; others again are arranged roughly in circular form with all the entrances facing inwards. The effect of this last arrangement seen from a distance is that of a rounded knoll; but at close quarters, if one climbs on to the summit of the mound, one looks down into the circle where the ground is lower.

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In one particular circle there are two entrances on opposite sides of the circle. There are no houses at these points, but the soil has been heaped up to complete the circle. Looking round the country side,

many of these circular villages can be seen, all much alike in construction but varying considerably in size and height. Some of them are terraced on the outside.

Rough though these people are, there is a distinct air of domesticity about their villages, and however uncouth may be their behaviour to outsiders, they are very friendly among themselves.

At first they appeared to be exactly alike, but on closer study differences are detected in their appearance, particularly in the women, the colour of whose hair and complexion varies considerably. The circle may be composed of the members of a family, and there is a gigantic man, rather beyond middle age but still in full possession of his faculties and his great physical strength, who appears to be about naked, and one woman is sitting, facing the man's breast. Though the children are treated with great tolerance by the men and are allowed many liberties, such as swarming up their great hairy legs, they appear to be handled very roughly. A man picks up a child by one

of its arms and swings it up on to his shoulder in a very rough way; another man throws a child from his knee to a distance of some
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the memory of previous encounters with, and victories over, these invaders, but the news shows that this time they come in far greater numbers.

The battle which followed was long and bloody, and ended in the capture of the hill by the invaders.

The foreign raiders are very primitive people but slightly less so than the natives. They are aided by the fact that they have begun to discover the use of iron. They have shields, helmets and axes of that material, and their arrows are pointed with it. Their feet and legs are covered with leather, bound by thongs wound round the leg. They are smaller in build than the natives. less hairy, and their skin is much fairer. They are far fiercer and more belligerent than the defenders, who appear to be a quiet peace-loving people.

After the battle the wounded are dispatched with extreme brutality, and many of the unwounded prisoners are bound and sent down to the

ships to be borne away as slaves. Sporadic attempts at rescue are made on the way down, and these are in some cases successful, but the defection of the captives is pitiable in the extreme, and it is most pathetic to see their relations, gathered at different points on the rout, watching their men-folk being carried off.

At this particular invasion a very wide area of the country was captured. The earlier inhabitants were being slaughtered or driven farther inland, and there appears to have been a considerable exodus northwards into Wales, where the mountains offered greater

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security from attack. The invaders, however, did not remain for any length of time, satisfying them-selves with pillage and the carrying off of such game, food and captives as their ships would hold.

The ships are heavy, lumbering galleys, propelled by a single row of about twelve oars on each side, and by a single sail. The oarsmen sit on benches, two to an oar. There is nothing in the form of a deck, except fore and aft, where portions of the hull are roofed in. The ships

are very strongly made of pine wood, and the sail, which in shape is nearly square, is of some woven woollen material. The owners of the ship use the roofed-in shelters when required, but there is no covering for the oarsmen, who are, on the return journey, the captured defenders of the fort. When loaded up the ships are turned down the Severn, and sail away to the west on a route which would appear to take them by the south coast of Ireland.

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CHAPTER

psychic powers, THEIR DEVELOPMENT AND USE

Evidence for the existence and examples of the use of the faculty of clairvoyance have been placed before the reader in the foregoing pages. In these concluding chapters consideration will be given to the rationale of such faculties. Although the subject of seerhip is unfortunately enwrapped in a dense mass of superstition, charlatanry and ridicule, a study of history shows that there has always existed a body of people possessing knowledge concerning the interior constitution and supernormal faculties of man. This knowledge has been aptly styled the "Ancient Wisdom" for it has existed throughout

all ages and is, indeed, the basic body of truth behind all the great philosophies and religions of the world.

According to this “Ancient Wisdom”, students and investigators have turned their attention to super-physical research from the earliest days of human history on this planet. The results of their investigations have been preserved, and are available for those who sincerely seek an understanding of the deeper truth of life and of the powers latent in man. From the study of this vast source of learning a rational explanation of the faculty of clairvoyance can be gained. The so-called psychic faculties of man are

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shown to have a natural place in his constitution and their activities, and even their sporadic appearance in individuals to be governed by exact law. The word “psychic” is derived from the Greek word “psyche”, which means the soul, and “soul” may be taken, broadly, to mean everything that is not body- the feeling, the thinking, the willing man, as distinct from the acting or physical man. Since these psychic faculties are the powers and capacities of the soul, it is necessary to

make a clear distinction between the subtle and physical bodies, which are instrument, and the soul, which uses them.

Psychic faculties exist in embryo in every man as also in every animal and will one day be unfolded into their full and complete expression.

They may be divided into two orders. Positive faculties are those which are controlled in the same way as are the normal bodily faculties of sight, hearing, touch, taste and smell. Negative ones are the result of those subconscious and instinctive uprushes of psychism, which are not uncommon to-day. Positive faculties are employed at will, whilst the negative only arise spontaneously from the subconscious mind, into which they have been built during the passage of life and consciousness through the animal kingdom. Nearly all animals have negative psychic capacity which is in no sense under their control.

The order of psychism with which we are concerned is the positive and controlled type of seership

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to which every man is heir. When studying the subject of psychic unfoldment the student naturally fixes his eyes on the future, and only glances at the past in order to be able to correlate the present and future.

Of what nature are these psychic faculties of man First, there is clairvoyance, by means of which the limitations imposed upon the consciousness by physical matter may, in varying degree, be transcended. The illusions of size and separation in space may be overcome by its employment, as well as the limitations of time, both backwards and forwards, so that the seer is enabled to see the infinitely small, the distant, the past, and the future, and to employ powers of magnification and of television.

Clairvoyance includes X-ray vision, or the power to see through solid objects, a power which may be usefully employed to diagnose disease. Combined with clairvoyance, it gives the power to see and converse with the so-called and mis-called dead, and with other

discriminate entities, with nature-spirits, and the great company of the angels.

Then there is clairvoyance, which is closely allied to clairvoyance, and which gives the power of hearing sounds, the vibrations of which are beyond man's normal range of perception.

Taking the definition of psychic faculties which we have adopted, we must include with those of a positive order the power to raise the consciousness to the level of abstract ideas, to trace the principles

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and archetypes behind all external phenomena, and bring back to the brain consciousness the result of such illuminations. This faculty is of the utmost importance if the seer is to understand what he sees. For example, clairvoyant vision of form and colour, however beautiful and interesting it may be, is useless unless the seer also has the power to interpret his vision, and to translate it into terms of physical, waking consciousness. Indeed, the actual seeing of form and colour, and the hearing of sounds, is the least important part of seership. Special powers of comprehension and interpretation are far more

valuable, and it must be admitted that the majority of natural clairvoyants, lacking this faculty, are in no way illumined by the things they see.

In seeking to understand the rationale of the psychic faculties, we must remember that they are merely extensions of the range of the normal means of cognition. If we place a group of people before a spectrum-which is the series of seven bands of colour into which white light may be divided by being passed through a prism, an artificial "straight" rainbow, as it were-and ask them to mark with a pencil find that the limits of their vision at either end vary considerably. A clairvoyant is one who possesses a considerably wider range of vibratory response than is normal at the present stage of human evolution. .

There are organs in the brain by means of which this extended vision is made possible, They are the

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pituitary body and the pineal gland. The latter is considered by medical science to be the atrophied remains of an organ which was active in the very early days of human evolution. That view is accepted by occult science, which adds that both these organs have also a function to fulfil in the future, when they will be employed as means of super-physical cognition, and that their development may be hastened by the application of special methods. When psychically developed and active they give the power first to respond to additional physical wave-lengths, and later to super-physical vibrations.

The analogy of wireless may help to a clearer comprehension of the subject, for clairvoyance is simply a question of tuning-in to wave-lengths to which the sense organs and brain cannot normally respond. The pituitary body and the pineal gland are essential parts of the receiving mechanism, and they must be "charged" with a special type of energy' appropriate to the function which they perform. The seer is then able to "tune in" and see and hear on super-physical wave-lengths, and thus to transcend physical limitations.

There are two essentials to success in hastening the unfoldment of the psychic faculties. One is an expansion of consciousness, and the other is a refinement of the vehicles so that they will accurately pick up and transform “signals” from super-physical to physical

This energy is known as Kundalini or the Serpent Fire. *Vide* “ The Chakrms”, by C. W. Leadbeater, and “The Serpent Fire”, by Arthur Avalon.

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wave-lengths. The processes by which these who essential conditions are produced are fully emplaine by the science of Yoga.

The application of the principles upon which that sciences is based will inevitably produce both expansion of consciousness and refinement of vehicles. The laws which govern the development and use of the faculties of seership are as exact and as inviolable as are the laws which govern chemical action, mechanics, or any other branch of physical science. If they are applied aright the result is definite and certain.

Let us now consider the way to gain this expansion of consciousness.

The method, which has been taught throughout the ages, is that of meditation upon subjects which are normally beyond the range of thought. As the muscles of the body develop by being given progressively heavier tasks, so the mind and consciousness will grow and expand if forced to undertake a similar progression. The mind can be deliberately trained developed along certain lines by forcing it to dwell upon subjects which are normally beyond its range of comprehension.

There are many systems of mediation, and many books have been written upon the subject. The student of the “kingly science” deliberately selects a series of great ideas and ideals, of an abstract and metaphysical character, and dwells on them with concentrated thought, until his mental capacity is

1. Vide “An Introduction to Yoga”, A. Besant; “Raja Yoga”, by E. Woods; and “Clairvoyance”, by C. W. Leadbeater.
2. Called in the East” Raja Yoga”.

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gradually enlarged to include them within its normal comprehension, and to admit of an increasingly complete realization of their inherent truth.

An example of such an idea is : “ Where two or three are gathered together in My name, there am i in the midst of them.” Meditation upon that text will reveal the fact that it is not so much a promise made by a great Teacher as a statement of an eternal truth, and of an inviolable law. Whenever two or three people are gathered together in His name that is, in the name of Love and of Unity-then the Christ, Who is the embodiment of Love and Unity, is indeed manifest in their midst. From that relatively intellectual conception the student may gradually attain to a full realization of the divine immanence and of the unity of life.

The Lord's Prayer is another subject suitable of meditation for meditation. In the West we think of prayers as something to be said, but if, in addition to “saying our prayers”, we meditate on them, depths of meaning will be revealed which otherwise we fail to

appreciate. The Lord's Prayer is an invocation to the God within to send His power and manifest His triple attributes through the personality, which is unreservedly surrendered to Him for ever and ever. By meditating on that prayer an actual descent of power will be experienced, and the entire nature will be refreshed and strengthened for the strain of daily

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life and inspiration and illuminations will flood whole consciousness.

“The Practice of the Presence of God” is another means of gaining an expansion of consciousness. Those who follow that road strive continually to realize the divine immanence, to know that God is everywhere present, and to attain union with Him.

A certain medieval monk, Brother Lawrence, who served for thirty years as a scullion in one of the monasteries on the Continent, had practiced this method so consistently and so regularly that he was unbroken consciousness of the Presence of God; even at meal times, when the food had to be delivered rapidly from the kitchen to the

monks in the refectory, and there was a great amount of bustle, he never, in the heat of the work, lost the sense of the divine companionship. He said, in effect: “ I go into the chapel at stated times, because it is the Abbot's wish; but I feel no nearer to Him there than when I am washing the dishes, because I am always in His Presence.

Meditation upon certain sentences will produce an expansion of consciousness. One such example is: “ Holy, Holy, Holy, Lord God Almighty, Heaven and earth are full of Thy Glory. Glory be to Thee, O Lord Most High.” This is one of the most pregnant phrases ever written. AS its truth is

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realized, and the whole soul is poured out in worship, a great expansion of consciousness takes place.

In the Bhagavad Gita' the Logos - proclaims : “Having pervaded this whole universe with a fragment of Myself, I remain.” And again He says : “ He who seeth Me in everything and everything in Me, of him will I never lose hold, and he shall never lose hold of Me.” Meditation

upon such sublime ideas lifts the student out of the personal into the egoic consciousness, and he touches for a moment that part of himself which is divine. That contact, frequently repeated, is the surest means of attaining expansion of consciousness.

Before leaving this part of our subject, one more example of prayer suitable for meditation may be given:

“Universal God, One Life, One Light, One Power.

Thou all in all, beyond expression, beyond comprehension. O Nature!

Thou Something from Nothing. Thou symbol of Wisdom.

In myself, I am nothing, In Thee, I am I.

I live in Thee; live Thou in me;

And bring me out of the region of self into the Eternal Light.”

Amen

Meditation upon and study of these profoundly spiritual and metaphysical conceptions produce a wonderful expansion and growth of the soul. Years of tireless effort in this direction, Maintained with unflinching determination, will undoubtedly hasten the unfoldment of the real powers of seership to a

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degree which, although abnormal at the present time, will be quite natural to the later races of mankind.

Combined with this life of meditation there must be an absolute self-consecration to the ideal of service. This is most essential if the many dangers which beset the path of psychism are to be avoided. A solemn vow must be made within the soul, never to use supernormal powers for personal gain; never to use spiritual gifts for the attainment of purely selfish and material ends. In this way alone may perfect accuracy and reliability of vision be achieved, and the highest levels of consciousness be entered.

Before passing to a consideration of the second consciousness in gained by thinking on great spiritual truths, and by engaging in concentrated thought upon lofty subjects. The student passes progressively from concentrated thought to meditation, and from meditation to profound contemplation, in which everything within him seems to stand still. He then dwells in utter silence upon the very

essence of the idea which has been chosen. Eventually even that essence falls away, and the soul is left in darkness and alone.

In that silence the voice of the divine is heard, and in the darkness the light eternal shines.

Such experience, continually repeated, gradually brings illumination to the soul, and spiritual illumination is the basis, the only basis, of true seership

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but of many different sizes. He now uses the edge of one which is curved inwards.

this curve is the same as that of the surface of the pole, and he uses this flint to obtain a finer finish. These poles appear to be used to hold up the arch over the entrance to the houses; most of these poles are caked with dirt, owing to the fact that everyone in passing in and out seems either to hook an arm round it or grip it with his hand.

This pole seems to be regarded in a rather peculiar way, as though it marked the boundary between private and communal life, a barrier beyond which no one passes uninvited.

An amusing incident has just occurred. One of smaller children was trying to climb the pole. He knew, it seems, that such an exercise was not permitted, for he kept a wary eye upon all those within reach of his vision. A woman, probably his mother, appeared from within, and being caught in flagrante delicto, e suffered the natural and appropriate punishment, which sent him squealing off into the centre of the circle !

This incident caused much amusement amongst some of the menfolk who were watching.

There is an air of considerable activity about the place-much coming and going of the women and children, and several men are to be seen engaged in particular work, which will be described later; but

there are also fifteen or twenty men who have been sitting about in apparent idleness. Whether these

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are the hunters soldiers or agriculturists who are resting from their labours is not clear, but that is the impression they give.

There is one part of the circle which is set aside as a slaughter house and butcher's -shop; hereon rough tables animals are being skinned and cut up with flint-Knives. Again the sharp edge obtained is noticeable. The hides come off quite easily and the flesh is cut up with very little difficulty. the larger bones are severed by the joint action of two men. One holds a flint, fixed and bound in the cleft-end of a stick which forms a handle; the other man holds between his hands a heavy stone, which he brings down on the back of the "Knife",and the operation is completed by a very few blows. The particular animal being cut up at the moment is a deer; evidently it is shared amongst the tribe, for the women keep coming to the bench and receiving pieces of meat and bone, sometimes in their hands and sometimes in

earthen bowls. This process of rationing the food is quite orderly and proceeds without argument or discussion. A woman approaches the table and speaks to the butcher, in some cases indicating with her hands the size of the piece she requires, in others she points to a piece of meat or draws with her finger on carcass. Her indication of her needs appears to be accepted without question.

Not very far away are two men engaged in making bowls. Between them there is a mound of wet clay; one man is making an open bowl like a wash

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and of knowledge will be awakened, and acting in unison will provide him with an eye, which piercing every obstacle of time and space. will dispel the illusion of distance, size, and form . Nature will begin to recognize the sovereign right to knowledge, which his aspring soul has won. She will reveal herself and lay her secrets bare. The next stage in the development of human consciousness will have begun.

“The way of knowledge is the way of light, and ere the final illumination is bestowed, the knight of wisdom must perform his accolade; when at last he shall have drawn aside the veil, he must kneel before the altar of the God within himself and swear the vow which never may be broken. He must pledge himself that all the knowledge which he gains, and every power which his will evokes, shall be dedicated utterly and irrevocably to the service of great ideal of the progress and perfection of the life in every form. He must become a builder in the service of the Great architect of the universe, Destroying only when the form has been outgrown, and then with divine compassion and selfless desire to serve. With his new-found power he must become a protector, preserver, and regenerator, using knowledge only to these ends. Then, and then alone, may he grow in wisdom and be grow in wisdom and be consecrated as knight in the service of the king and a steward of the wisdom of the Great scientist of the Universe.

“He shall rise from kneeling with the humanity of one who, having seen the great light within the

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sanctuary, Knows himself but a minute speak, illumined by its beams. His new found powers will grow as he learns to use them, He will develop a new technique of research, will enter virgin fields of knowledge, the fruits of which he will employ for the upliftment and refinement of human life. In the field of interior illumination alone are to be found the sovereign remedies for every human ill, and when men learn to live according to the law which, by his new-found knowledge, he will teach, disease will be banished from the minds and bodies of those who live in obedience to its behests. The earth will be made more fruitful; the powers of the air will be discovered and turned to human use. Inexhaustible sources of power will be released. Light, heat, and energy will be discovered in the air, The vital forces of the human body may be studied, and the secret of life, maturity, and longevity may be known. The stone of the philosopher and his vital elixir are the bread and wine served upon the altar of truth, set up in that holy of holies, which is the deepest and truest, self

of man. He that would partake of that most precious sacrament must tread the way of service.

“The newly-consecrated knight will bear upon his shield the emblem of a cup and the words ‘power for service.’ Thus he will display his goal and its reward.

“Such is the way of knowledge-let him who dares pursue it, and he shall win freedom from the bonds of illusion and of woe, shall break the shackles of desire and enter in to eternal peace.

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his path. He should, by this time, have decided upon the nature of the service to humanity which the circumstances of his development and position in life will enable him to offer. He is advised not to pursue the purely psychic aspect of spiritual unfoldment, unless he has special natural capacities in that direction and determines to engage in occult research. The chief qualifications for that branch of service are;

1. An inherent clairvoyant faculty.
2. A balanced, sane and stable, yet flexible mentality.

3. A well-controlled emotional nature.
4. A very healthy, strong and refined physical body.
5. A sensitive and responsive brain.
6. An unfailing sense of humour.
7. The ability to relax both mind and body at will.

In addition, his environment must provide opportunity for complete retirement and selection whenever necessary. He must live in, or near, the country, where the air is pure and the atmosphere harmonious and free from noise.

He will need a companion, preferably non-clairvoyant, who perfectly understands his mission, maintains perfect poise in all circumstances, and who will protect him from undue strain, especially during periods of development, when he will be abnormally sensitive.

If these qualification and conditions can be pro

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vided, the student may then proceed to develop his growing faculties. The best way to develop them is to use them frequently, and to test the results by scientific methods. Errors and inaccuracies must be specially examined and eventually eliminated.

Nature herself provides him with a fruitful field of research, and his own garden will be a most suitable laboratory and study. He may endeavor to pierce the physical veil that hides from normal physical sight the flowing forces of magnetism , electricity, sound, heat, light and vitality which animate the vegetable kingdom, He shoul obtain the help of those with scientific training and attainments if possible, for they are accustomed to the methods of scientific research by which alone his observations may be checked, and accuracy and reliability achieved,

As his powers unfold, he may widen the range his studies to include the hidden side of atomic, chemical and electrical phenomena, the super-physical counterparts of objects, such as the subtle bodies of plants, animals and men, the elemental kingdom of Nature, nature-spirits and angels. The super-physical realms of existence and the discarnate entities who inhabit them may then be studied, and attempts be made to develop and use the faculty of clairvoyance in time and space.

Investigations such as there have been continuously carried out by an unbroken succession of students for millions of years. The results of their efforts form a vast store of knowledge which is called the ancient

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of one Lord is carrying on his work of preaching and of healing, though there seems to be no idea of forming a particular religion. Simon, like many others, goes on long tours, mostly on foot, and has for a companion one who belonged to the immediate circle of

the friends of Jesus. These two are closely united in bonds of affection, and the spirit of the Lord is manifestly upon them both. Of this they are frequently conscious as they preach and heal in his name and by his power. Simon carries a satchel, containing phials of consecrated liquids, is also carried. With these he anoints the more serious cases, and wonderful results are achieved. It is evident that some kind of special consecration has taken place, and a greater power has been placed at their disposal when they choose to call upon it.

His companion is a little younger, and through a remarkable psychic, he is not so much a born healer as Simon. He possessed, however, considerable eloquence, and at times the spirit of the Master inspires him. They are an outstanding pair, doing great work, and in the joy of their calling and their mutual friendship live an extremely happy life.

Many scenes appear in which these two are seen tramping along side under the hot sun and in many varying types of scenery, talking of the Master, the Ancient Wisdom and their work.

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Though they have, apparently, a fixed itinerary, they are very haphazard with regard to time; they are in no hurry, and some of their best work is done by the wayside, amongst the odd travelers whom they encounter. It is evident that some form of brother-hood has developed amongst those who knew the master, and that they have signs by which they are recognized in the towns and villages which they visit.

Here we will leave them, before feebleness of age begins to dull their vision and weaken their limbs, nothing especially their wonderful privilege and the remarkable development which they underwent as a result of the great experiences through which they passed.

(b) Early British Races At a Tumulus in the Cotswolds

This neighborhood appears to have been a settlement of the very early inhabitants of this land. They were of a very primitive type, slightly prognathous, the forehead sloping back from a thickened roll of flesh above the eyes. When fully upright, the male would probably

n\be about six feet in height; the carriage, however, was not perfectly erect, the body being bent forward at the hips, the shoulders bowed, and the head carried slightly forward . The shoulders and arms were enormously developed, the chest deep and board, and the whole body practically covered with hair, through which shone a fair skin tanned to a dark brown by exposure to the weather. The

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THE SCIENCE OF SEERSHIP

Any expansion of consciousness is valueless unless the personal vehicles of thought, feeling and action are sufficiently refined to receive and express its results. In order to achieve refinement of the vehicles a strictly ethical and aesthetic mode of life must be adopted; everything which is contrary to the highest ethical and cultural ideals must be avoided. All tendency to coarseness and self-indulgence must be gradually eliminated. The mind must be purified by pure thinking, and the feelings cleansed by resistance to every impure emotion. The body, in its turn, must be made as healthy, responsive and as pure as possible by scrupulous personal cleanliness, a pure diet, and complete obedience to the laws of health.

Those who make this attempt will nearly always adopt a fleshness diet, because, as they find the sense of the unity of all life growing within them, it will become impossible for them to eat the dead bodies of their animal brothers. Further, if matter which is vibrating at a lower rate than that of the human body is taken for food, the bodily power of response is decreased; a flesh diet therefore interferes seriously with the development of seership.

In addition to the coarser vibrations of the matter of animal bodies, there are also present the terrible vibrations of cruelty, horror, pain and agonizing fear, which are inseparable from the use of flesh as food. By putting flesh in to our bodies we are really desecrating the temple of the Most High. The Law

See my book, "Health and the Spiritual Life".

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PSYCHIC POWERS

of life is the law of love, not of death. If we choose the way of life its laws must be obeyed, for disaster will quickly follow disobedience.

These laws may be summed up as purification of thought, refinement of feeling, and control of bodily conduct. The neophyte must settle down to steady self-training, never forgetting the object in view, which is the development to the highest possible degree of will power, wisdom and knowledge, and the attainment of the glorious goal of ever-widening fields of service.

As this path is followed, glimpses of light and power will gradually begin to be gained. The powers of the soul will unfold, and the student will find himself possessed of knowledge and capacities of which he little dreamed. His powers of perception and of understanding will gradually increase. He will find himself increasingly able to comprehend subjects previously beyond his mental grasp. In his relationship with others he will pierce through the veil of the personality to the real man which is behind, and be able to understand their motives and ideals, as though they were his own. Flashes of perfect comprehension will begin to illumine his brain consciousness, and new means of acquiring knowledge will gradually develop.

This is a very critical stage in the unfolding of psychic consciousness, and the student must use the wisest discrimination if he is to make the most of his new powers and avoid the many dangers which beset

CLAIRVOYANT DIAGNOSIS OF DISEASES

Clairvoyance includes X-Ray vision which enables the psychic to inspect the interior organs of the human body and to study their malfunctions. Observation of the emotions and thoughts in the psychic (inner) constitution enables the clairvoyant to detect the psychological component of these disorders. (since 80 percent of somatic diseases, modern medical practitioners report, are of emotional origin only). Clairvoyants can perceive mental errors and limitations of the patients which are classified as various complexes in psychiatry.

The occult view on diseases is that the congestion or blockage to the flow of vital energies (called the Pancha Pranas) in the ethenic double which links the mind and body can cause diseases. These congestions reverse spin of chakras, etc. can be caused by psychic energys fields in the environment (Doshajam), due to certain planetary configuration (Grahajam) or inherited from previous lifetimes (karmajam). In the latter case the clairvoyant can also transcend the time space barrier to trace the post lives of the patient to know how the disease (karma) was acquired in a previous life.

The various phobias identified by modern psychiatry are traced back to the last remembrances of total death or anathema smurthis. The fear of acerte space, () is traced back to death in prison cells.

The British sensitive Joan Grant, who first gained fame for her novels about her past lives, has been collaborating with her psychiatrist husband Dr. Denys Kelsey in an effort to apply re-incarnational concepts into psychiatry. If the patient's situation seems to warrant an investigation into past lives for the cause of psychiatric problem Kelsey hypnotizes the patient to try to locate the problem through regression to the past life. Joan Grant then tries an independent reading of the past life conflict with which to compare her husband's findings. They have reported a number of psychiatric success with this method.

BACTERIOLOGICAL RESEARCH

One of the practical applications of clairvoyance to medical research is an investigation into bacteriology. Several years of research lead to the discovery of a number of varieties of these organism. A detailed investigation into their characterists behaviour – radio-activity and colour emotions can be studied by clairvoyance. The cultures can be

diluted to low potency and a number of such specimens enclosed in small glass tubes can be investigated by clairvoyance.

It is possible to trace a connection to the source, and describe the sex, age, and other particulars of patients. A great deal of information can be gained concerning the nature of disease germs and the different types of emotions emitted by drugs and other substances.

MONADIC CLAIRVOYANCE

Monad (from Greek: “Alone”) is the divine self, Atma, the “Dweller in the Innermost”. Monad is the core centre of spiritual, intellectual, mental, passional and vittal energies, faculties and potentialities of the sevenfold man.

A monadic clairvoyant is a Master in the esoteric philosophy, a perfected man, an exalted being who has attained complete mastery over purely human nature and possesses knowledge and power of the entire solar systemic phenomena.

MENTAL CLARVOYANCE

Mental clairvoyance opens before the seer a vast region of the inner universe which is next to the astral and is distinguished by the subtility and fineness of its constitution. This mental sphere interpenetrates and extends beyond both the astral and physical planes of nature.

On the mental realm exist countless Angelic intelligences, Devathas or the shining ones, who guide the processes of natural order. According to the writings of the ancient seers they are 33,00,00,000 trimsathrikotri or in their number.

They are mighty beings of vast stature and power of timeless knowledge and intelligences, and most radiant in appearance, myriad-hered incarnates of pure intelligence and resistless energy.

In contrast to this variety of innumerable superhumans are the majority of humans who appear to be asleep and are wrapped in transparent cocoons of their mental creations. The psycho and soma are, in the ultimate analysis of clairvoyance, not radically different, but are in reality one and the same. The mental body is essentially composed of the same matter of the physical though distinct only by its extreme subtility. It is easier to understand

how mind influence bodily functions or vice versa_____every thought produces an electrical and chemical change in the body and any electrical or chemical stimulus to the body evokes a corresponding mental state change in its final subtle transformation. This clarifies the interplay between mind and body, the subtle over gross matter, a philosophical riddle that has haunted several European thinkers since Tmr descartes “ Mind after matter if you dont mind it dosent matter.”

The psychic form of man is transparent,hard and crystalline in its brilliance, several times larger in its stature to his physique. In comparison to its vast size, the gross physical counter part appears like its little finger..... the first multi dimensional aspect of man. The mind is the source of all energies vibrations of innumerable kinds. Just as the physical vision cannot capture the entire gamut of the solar spectrum- the entire series of etheric vibrations----as the human eye can vibrate only within certain limits, so can the physical brain and nervous system think only a small fragment of the vast series of mental vibrations set up by the mind.Almost everyone

constantly gets beating against his brain- centre millions of thought-waves to which his brain seldom responds owing to its density.

The exceptionally receptive brain which responds up to a higher fraction of these vibrations that the mental flashes become almost continuous enough to be normal aggregate him to a “genius.”

There are in mental realm certain distinctly localised thought-centers, actual places in space to which thoughts to the same nature are drawn by the similitude of vibrations. Every thought on specific subjects gravitate to one of these centres, which absorbs any idea, wrong or right. The converging thoughts are interrelated by millions of subtle magnetic links with all other subjects. There are centers for philosophical thoughts, romantic fancies and the like.

The seer wide awake at the mental realm can psychoscope any thought from these conglomerates, trace its original thinker and know other related facts or ideas. This phenomenon of thought-centers sharing common thoughts from same source----- accounts for

plagiarism in the fields of literary musical compositions, inventions etc.

Thought-images, as in the astral sphere, function as breathing realities in the mental plane. Barriers of space do not divide men or the mental region; and the clairvoyant can come in touch with anyone practically instantaneous with the “ speed of thought” by merely directing his attentions on him. Not only mental communication is swift, but it is also complete. the whole thought flashes from mind to mind or more exactly, each sees the thought as conceived by the other.

Thought vibrations continuously pass through the spine of the mental body continuously from above and below. the physical head appears to be the middle of the psychic body and the mental consciousness is vividly alive in the brain.

The whole phenomenon of the mental life is centered around the brain.

Though the masses appear to be inactive a close look at them reveals considerable activity within their mental structure, where they dwell in the world peopled by forms of their own fanciful creation.

These are the 'extroverts'. The 'introverts' are little conscious of at the phenomenon of the mental world. A galaxy of these luminous personalities, working often in groups, move across the mental space and congregate at certain centers in the mental plane.

Hyper spaces, corresponding to vast distances of millions of miles at the terrestrial plane, open before the field of mental vision at once. The whole galaxy (the milky way) together with our solar system seems to stretch away at one's feet.

Everywhere the sleepers dream within their sheltering envelopes, unmoved and undisturbed by any external phenomenon. Devathas and humans pass across the sky. There is an utter stillness, absolute tranquility. Luminous figures pass through this zone of silence, but entire scenery resembles an ice bound landscape, lit by a full moon; Everything shines with a white luminosity, a phosphorescence of its own but relatively motionless. The ground seems to be quite solid to the feet; humans and super humans settle and "walk" upon it.

Waves of multi- colour energies sweep over the whole realm, like the sky colourations at the sunrise thought the etherealare far more luminous and brilliant.

Though a supreme spell of silence supervenes the entire mental realm, a sound of a different order-----known in our oriental love as Madhyama-----pervades the hyperspace. The language of Gods, the Sanskrit has its origin to the mental world. The sound - eqivants of every form is the phonetical basis of this language. Hence the complete phenomenon of the metnal realm may be interpreted and understood by sound alone.

All natural manifestaion----- animate and inaminate -----have a clearly discernable sound expression and formula, known as Mamta. In addition there is an undrcurrent of sound pervading the whole realm. It resembles the distant roar of the ocean waves-----its source is cosmic and it is the Mahavyakriti of the mental realm, the unstruck sound irbrating throughout the real,.

The Mental day stretches, in terms of our solar months, to one full year-----the six months of littharayana (Mid January to Mid

July) from the daylight hours and the rest six months of Dhakshinayana (Mid July to Mid January), the nocturnal hours.

THE HUMAN AURA

Every human radiates a colourful psychic energy around him revealing his true personality. This is known as the aura an energy field or electromagnetic envelope surrounding the human personalities. Thoughts and emotions continually vary the vibratory nature of these psychic radiations. One's aura can impinge upon the mind of others and can react upon their moods and emotions. It is the strange force the psychic power of attraction that pulls one toward another. At times it causes one to experience an uneasiness in the presence of some persons...without any apparent cause. It can account for even intuitive impressions. This is a natural psychic phenomenon – the mysterious inner power every one has, but few understand.

For centuries clairvoyants have taught men and women the nature and functions of this luminous mist around them. A recent discovery kirlian photography, also known as corona – discharge has validated the existence of the human aura and is opening up with application in

many areas like psychiatry and diagnosis soviet scientists who devised this high frequency photography have named it as “bioplasma” Bioplasma, they define is the ‘complete informational energy network associated with all organisms and is always complete and intact – even when part of the physical structure is served.

The human aura reveals as a constant stream of particles of myriad colours of beauty, flowing over and through the whole body along the nerves in the same manner as the blood corpuscles flow along the arteries and veins, the brain and the spinal cord being exists of this radiation. These radiations of the disposition, the thoughts, and even the reincarnational influences of man. Extreme complexity of the human aura may present difficulties for the purpose of close comparison and exact analysis for the kirlian photographer. Modern researches can benefit a great deal by the series of investigations by several clairvoyant observers.

It is not around the human body alone that these bionergy fields are seen; a similar energy radiation surrounds or emanates from animals, trees and even minerals like gems, though in all these cases it is less complex as well as extensive as in human beings.

It is possible for man to check these auric energy radiations at the outer extremities and build them into a kind of protective wall. This is known as 'kavracha' or an occult shield, which will be absolutely impervious to any kind of invisible influence, so long as such an effort of will is held in the mind.

In the field of aura, the inner qualities of man are expressed in terms of colourful energy patterns. It is really the mirror in which every inner most desire, every feeling, almost every thought of the dwelling man is reflected. But these manifestations its colours, brilliancy, the rate of its pulsations – are all changing from moment to moment. An outburst of anger will charge the whole of the energy field with deep red flashes on a black background; a sudden fright will in a moment change everything to a mass of ghastly livid gray. If the flashes of colours formed by the vibrations connected with any particular desire are repeated strongly and habitually, they produce a permanent tinge of that colour in the aura. This forms the characteristic aura of an individual.

Many clairvoyants have described the nature and meaning of these colours seen in the human aura. Golden Yellow : expresses the

intellectuality; brilliantly golden, rising to lemon-yellow, signifies the intellect directed to higher and nobler aims of life; a deeper and duller colour indicates its direction towards worldly ambitions.

Luminous Electric Blue : is the mark of higher spirituality and is almost always accompanied by sparking golden stars, which represent spiritual aspirations.

Bright Green implies strong vitality, ingenuity and quickness of resource.

Brilliant violet indicates benevolence. The garment of Daya Devi, the Goddess of universal benevolence is bright violet. Earlier clairvoyants have ascribed this to spiritual love for humanity or universal brotherhood, spiritual awakening, sympathy for protecting all life.

Black clouds usually indicate hatred and malice.

Deep red flashes on a black background show anger. Lurid flaming red indicates sexual passions.

Brown indicates deception

Livid gray reveals fear, a most hideous and frightful live.

Gray-green shows deceit.

Brownish grey with occasional red flashes speak of jealousy.

Crimson indicates love and affection.

Orange, if clear, indicates ambition, if tinged with brown, it shows pride.

Blue indicates religious feelings and Light blue signifies devotion to a noble ideal or a spiritual Being (Guru).

All these energy colours are capable of almost infinite combinations and modifications, so much that the modern investigators of the corona discharges will not be able to understand easily what these colours really mean.

As long ago as the 1880's photographer named Hippolyte Baraduc claimed to have photographed non physical phenomenon of aura. Kirlian photography, developed half a century later, has similarly claimed to photograph energy fields around living matter, whose proponents, are quick to identify with the legendary life's glow called 'aura'.

It was developed by a Russian electrical engineer Semyon Kirlian, who in 1939 noticed, whilst working in a hospital, that during a patient's electrical treatment tiny light flashes would jump between the electrodes and skin of the patient. He attempted to photograph this

effect by placing a photographic plate between an electrode and the skin. Using metal electrodes (the usual glass ones picked up stray light and fogged the film) and since there was an element of risk involved. The three second exposure that he gave his plate was painful, but the result was worth it.

Instead of light flashes, elongated bundles of rays were seen tracing the outline of his fingertips. These results encouraged Kirlian to develop apparatus for photographing various objects in a high frequency field. Beginning with black and white photographs, he soon progressed to colour where his pictures were really spectacular.

A plant leaf, freshly picked, showed a display of millions of light spots, with coloured regions to left and right of the outlines of the veins. Finger pads showed bright red, surrounded by bluish gets.

The next development was the construction of the apparatus to show the changing forms and colours of the 'auras' so far only photographed as a continuous process. The results here were even better – his hand was surrounded by bright clouds of blue and gold, with displays of multi coloured twinkling lights. A freshly picked leaf

was similar, but when he used an old dead leaf its dim clouds were stationary and no light flashes were seen at all.

Kirlian soon found that living objects produced moving displays that changed according to their physical state and that inorganic objects (such as coins) only show patterns relating to their physical structure.

For example, Kirlian photography of two leaves identical to the naked eye showed one to have a malignant disease, shadowy stains appearing inside the leaf with malignancy. Intrigued by this, Kirlian experimented with people in pain and found that pain changed both the form and colour photographed on finger pads. Harshly coloured 'rays bundles' were present that were normally absent for people in good health. Easing the pain changed the colours to more pastel shades and when the pain was gone, the light bundles disappeared.

Soviet biologists used similar techniques more recently, to examine the process of death. Photographing the auras of small animals, they noted that with approaching death the display faded out, finally ceasing altogether at the moment of death. Suggestions were made by researchers that not only pain and sickness displayed the variations but that emotional conditions such as joy and sadness, other mental

conditions, also produced recognizable changes. With much enthusiasm they were reproduced in the Weston psychic press, many immediately identifying the Kirlian results with the aura 'seen' by clairvoyants.

Scientific investigations in America have supported diagnostic claims for Kirlian photography. For example, alcohol, when administered in measured doses to several subjects, progressively widened their colour from blue to white. Similarly, schizophrenics showed an almost non-existent fingerpad corona shortly before a seizure, while a 'normal' pattern re-appears afterwards.

However, there are many factors which can affect the final photograph, such as field frequency, positioning the object, temperature, humidity and cleanliness. It will require much further research where all these parameters are closely controlled before the scientists verify all the clairvoyant claims – identifying specific patterns with specific emotional or physical conditions with any accuracy. Both soviet and American researchers feel that information about a person's physical, emotional and mental condition can be drawn from these pictures. The discovery of a physical explanation

for the Kirlian phenomena would in no way rule out the possibility that the image appearing on the film is an aspect of the aura.

Man, it is said, is the measure of all things. Humanity has lived on earth for more than two million years, hardly more than the blinking of an eye in relation to earth's total history, which stretches back for the almost inconceivable span of 4700 million years. If the age of earth from its origin to the present time is imagined as equivalent to a single day then man appeared less than a minute from midnight at the day's end. Yet the story of this abyss of time before man's arrival is known to him or can be lead by his supersensory perception.

CRIME DETECTION BY CLAIRVOYANCE

Several documented cases of crime detection by clairvoyance has been reported by police officials as well as by others. The following case are but a few among them.

Dr.W.H.C. Tenhaeff of Utrecht records this case in ‘Het General Rapport’ No.63 (March 1948 p.173) :

“In a certain scientific laboratory one day not very long ago, it was discovered that 84 grams of platinum were missing. The recovery of so tiny an object seemed a hopeless proportion; however, the Laboratory Director recalled that the wife of one of his employees was a clairvoyant whose services had proved useful to him more than once. The empty container of platinum was set before this women as a kind of clue or ‘inductor’ as certain parapsychologists put it. Then the women went into a trance and described a man waiting in the central Rail road station with a light coloured brief case. This made sense: the laboratory director often took the platinum home with him in his brief case for the sake of security; but of course, there could be no suspicion that he was the thief. Then the woman was urged to continue her trance; next she pictured a blonde, lanky youth about 20

years old, with small hands, this was an exact description of one of the laboratory apprentices; she added that the Youngman hand not only stolen platinum but was now offering it for sale at a specific address in the North Kaisersgracht district. And the platinum was actually found there”.

The senior Sankaracharya of Kamokotipeetam (Jagadguru Chandrasekhara Saraswathy) had extraordinary clairvoyant powers. He at times disclosed strange facts to people. The following is an authentic evidence of his Psi.

CLAIRVOYANT STUDY OF MANTRAS

Mantra in Sanskrit means the saviour of the chanter, practically the spell or charm that protects. The infinite variety of Mantras in traditional practice from time immemorial can be broadly classified into two major divisions – the Vaidheka Mantras or the Vedic hymns used for spiritual uplift or for welfare of all humanity; and the Tantrisa Mantras or spells which bring quick results especially for healings, fascination, acquisition of wealth, subjurgating an enemy etc.

Any affirmation like abracadabra can produce a psychological (sometimes also physical) effect simply because of the strong conviction of the operator that the result must follow and partly because of expectation of the person upon whom they are operating. Psychic healing, like the well known mantric cures for snake-bite or scorpion-sting, is largely effective due to unquestionable faith in the ancient formulas, and the determined will of the operator that the precise results will follow.

A variant of this faith affirmation is the word links with powerful currents of thoughts and associated feelings. The famous “VADHE

MATHRAM” slogan of the freedom-fighters of our land is an abbreviated form of ‘VANDHE VEDA MANTRHARAM’ which instantly links to the ancient Vedic inspiration – a vast Mantric current of many millenniums reverberating through the ethereal realm into the invoker’s mind. Response comes from the inner-most recesses of the mind transcending personal barriers of prejudice because such associations stimulate racial memories and invoke a definite streak of thought.

There are certain invocations which bring excellent results by covenant bonds or hereditary lineage. The shraddha Mantras, which invoke ancestors (dead) from invisible realms, brings a shower of benefit on the invokers. Another good example of this kind of Mantras is the Madwai Veeran Udalkattu Mantra in Tamil. This invokes a great warrior in the other side of the veil, who massages the psychic inner structures of the invoker for health and strength. The Mantra of Yashini Swadha for easy child birth also works on a similar principle.*

There are a large class of Mantras which act by the inherent meaning of the words repeated. Six Rama Mantra, which is practiced in a

written form (Lighitha Japa) as well as in oral and mental recitations, produces the admirable Divine qualities of six in the mind of the reciter – qualities such as utter perseverance, fulfilling one's promises to others at all costs, unconquerable inner nature mastery over tribulant circumstances etc. all at once by a single process. When a man recites 'Rama' with firm confidence over and over again, so that the meaning vibrates strongly in the brain and the subtle inner bodies, in the inner realms he moulds his psychic structure in the image of rama. At an advanced stage of repetition of the Mantra the seed-core of the human psyche will vibrate in resonance with the Mantra bringing a total transformation of the mind and body. Of all the mantras which work by meaning Sri Rama Mantra seems to be most potent. The national epic, Ramayana, has been reverently read by the populace through out the ages for this reason also. By mere chanting of two-lettered syllabi many psychological complexes could be easily resolved! Legend has it that an ordinary savage hunter turned into a super seer and an eminent poet by the power of Sri Rama Mantra. Sri Rama is really the finitised infinite!

This mantra also works by its mystical intonation as well. All mantras which work by their sound vibrations produce living images of the invoked ideas or beings. As soon as one focuses the mantra he visualizes or produces the Deity behind the mantra. This image stands before the eyebrow centre of the reciter. As he repeats constantly the mantra, the form before his eye increases in richness and strength of its contents glowing with a more brilliant energy. Since every thought image sent out into the universal mind carries with it a subtle magnetic thread which links the individual mind with the object of its fashion, this image connects the reciter's mind to the Deity invoked. This thread continues to attract the Deity until an actual presence is materialized.

Mantras in Sanskrit penetrate very deeply into the subtle layers of matter and produce vibrations in the Cosmic Ether known as Vyomanada. In Sanskrit the sound equivalents of actual forms are used as words. For example, the word Bekhaha (Bhek) vibrates in the subtle matter to form a frog which is the meaning of the word. The word Suryaha (Surya) would produce one image of the sun for its sound and its meaning. In most other languages, such as in English,

the sun would produce a sound-image quite distinct from its thought image (meaning) of the sun. A fine study of the sculpture of vibrations is made by scientists recently* which agrees with the occult concept that every sound can produce a definite form. This is the reason behind sonorous chanting of Mantras. Rolling sonorous sounds is one way of tuning up the mental vibrations to higher realms. Sanskrit Mantras by virtue of their cosmic origin draw radiant energy waves (called Tejas Shakthi) into the astral and mental constitution and the long range result is the magnetic charisma of personality of the practitioner.

Whatever could be achieved by a powerful exercise of the concentrated will of the Inner Man, is readily produced by the Sanskrit Mantras, because of their inherent occult nature. Anything one can produce by Mantic vibrations could be achieved by strong concentrated Will power without the Mantra; but the Mantra is like a piece of labour saving machinery. Instantly it sets up the required vibrations, condensing several years of work (and in the case of Mahamantras culminating centuries of original thought) and making the occult work easier and economical.

A British clairvoyant who “looked into the matter (of the occult power of Mantras) with considerable care, and also made use of it afterwards” says “it was very remarkable” It is found in the book entitled “THE HIDDEN LIFE IN FREE MASONRY” P.353* :

“This mantra is found, I am told, in the Gopalathapni and Krishna Upanishads,

* The sculpture of vibrations -

* TDS (1926) Madras

And is composed of five parts as follows :

(1) Klin, Krishnaya, (2) Govindaya (3) Gopijana (4) Vallabhaya (5) Swaha. As one meditates upon this with intent each syllable makes a line in such a position that a five-pointed star results, as in Figure (below)

“And as the mantra is repeated these stars pile up behind one another to form a tube having this five pointed form of cross section, which makes a channel for spiritual force coming from Shri Krishna,.. the Great one who entered into the body of Jesus as the Christ. With the

force coming through it the mantra can be used for many purposes such as healing, or the removal of fine and other elementals as well as for general good.”

The Gayathri is perhaps the greatest and most beautiful of all the ancient mantras. It has been chanted all over India from time immemorial, and the Deva kingdom has learnt to understand it and respond to it in a very striking manner – a manner which is in itself most significant, as showing that in an antiquity so remote that the very memory of it has been forgotten, the altruistic use of such mantras was fully comprehended and practiced. It begins always with the sacred word, Om and with the enumeration of the planes upon which its action is desired - the three worlds in which man lives, the physical, the astral and the mental; and as each plane is mentioned, the Devas belonging to that plane flock round the singer with joyous enthusiasm to do the work which by the recitation of the mantra he is about to give them.

This wonderful mantra is an invocation to the sun – of course really to the Solar Logos, who stands behind the grandest of all symbols; and the great shaft of light which immediately pours down upon and

into the reciter comes as though from the physical sun, in whatever direction the sun may happen to be. This shaft of light is white tinged with gold, and shot with that electric blue which is so often seen..., but when it has filled the very soul of the reciter it promptly shoots from him again in seven great rays of comes having the colours of the spectrum. It is as though the singer acts as a prism: yet the colour-rays which dart forth are of a shape the reverse of what we usually find in such cases. Commonly when we send out rays of spiritual force they spring forth from a point in the body – the heart, the brain, or some other centre and as they shoot out they steadily broaden fan wise, as do those shining from a light house. But these rays start from a basis wider than the man himself – a basis which is the circumference of his aura; and instead of widening out they decrease to a point, just as do the rays of a conventional star except that they one of course come of light instead of mere triangles.

Another remarkable feature is that these seven rays do not radiate in a circle in all directions, but only in a semi-circle in the direction which the reciter is facing. Furthermore, these rays have a curious appearance of solidifying as they glow narrower, until they end in a point of

blinding light. And a still more curious phenomenon that these points out as though they were living; if a man happens to come in the way of one of them, that point curves with incredible rapidity and touches his heart and his brain, causing them to glow momentarily in response. Each ray appears to be able to produce this result on an indefinite number of people in succession; in testing it on a closely-packed crowd we found that the rays apparently divided the crowd between them, each acting on the section that happen to be in front of it and non interfering with any other section.*

* The masters and the path by CW Leadbeater, 1925 Theosophical Publishing House, Madras p.146

THE FOURTH DIMENSION OR 'HYPER SPACE'

The extension of our world in other directions has often been called hyper space. The many dimensions of the universe has been accepted as a mathematical concept, while in truth it reflects the reality of the inner worlds. Every object also has an extension, however minute, in a direction which is called the fourth dimension. Fundamentally there is only one kind of matter existing in the universe, although the extent of the rapidity of its vibration subdivides the dimensions. The dimensions of space consequently exist independently of the matter which lies within them. The hyperspace gradually delimits the consciousness from experiencing the reality and there is the highest state of awareness transcending the many dimensions of matter – Time and space – the Cosmic Consciousness. Descent of the inner consciousness from the Cosmic to the physical is manifested by the limitations of perception of these dimensions. For example in the mental realm only five of these directions remain; while in the astral plane as the consciousness moves outward it loses one more of its power and so is limited to the conception of four dimensions. Then the further outward manifestation bring the consciousness to the physical

world, limiting the grasp of fourth dimension. By inner sight one can comprehend the hyperspace while still wide awake in the physical world. This hidden side of the physical world is the higher world of multi dimensions synaesthetically experienced by clairvoyants. The unseen realms which interpenetrate the familiar visible realm forms by far the most important part of it. Clairvoyants know many varieties of the finer interpenetrative matter – one, two, three... infinity.

Many characteristics of the fourth dimension conceived by solid geometry and modern mathematics agree with remarkable exactitude with first realm of the invisible which interpenetrates the physical. There are some reports of cases where a purely intellectual study of the geometry of the fourth dimension has opened up the astral sight in the students. For aspiring young psychics such works as Tertium Organum by P.D. Ouspensky.

Some of the astral phenomena could be easily understood by comparing 2-D and 3-D planes. For example :

Objects lifted through the three dimension, could be made to appear or disappear from the two dimensional world at will. This explains

how apportionment is achieved in the 4-D astral plane. Also an object completely surrounded by a line could be lifted out of the enclosed space through the third dimension. Materialisation phenomenon is similarly achieved by an analogous process in the 4-D realm. A right-handed object could be turned through the third dimension and made to re-appear as a left handed one.

By bending over a 2-D world, represented by a sheet of paper, two distant points could be brought together or even made to coincide, thus destroying the 2-D concept of space or distance. This how astrally objects removed from closed boxes.

By looking down, from the 3-D on to a 2-D object every points of the latter could be seen at once and free from the distortion of perspective. This explains how an astral clairvoyant can examine all parts of an object, e.g. of a cube, are seen simultaneously, free from all distortions of perspective.

Time is not really the fourth dimension totally. Time limitations on consciousness gradually reduced in the fourth and higher dimension. Time is thus a special property of matter and could be called the spatial extension of the multi-dimensional universe.

With the 4-D vision it is observed that the orbiting planets of our solar system, which are isolated in the 3-D space physically, are joined together as the petals of a great flower : Hence the Vedic concept of the solar system as a Kamalam or lotus.

A CASE FOR PREDESTINATION

Psychical researchers have gained substantial evidence of precognition by repeating the so-called the 'auditorium seat experiments with the Dutch clairvoyants, Gerard Croiset. Prof. W.H.C. Tenhaeff devised and conducted these experiments in 1947, wherein the psychic reads the psychic records of time to describe the identity of a person who later is to occupy a certain seat among several rows grouped in an auditorium.

The experimental design was that – (a) Croiset envisions the person by precognition, at times before the future occupant of the seat has actually decided the meeting or at least before the person has decided to select his seat; and

(b) the clairvoyant reads all details of this person, whom in all likelihood he has never before met.

Prof. Tenhaeff has carried out some one hundred and fifty seat experiments with Mr.Croiset. In each case the sensitive was asked many hours before the actual meeting to make a prediction about the future occupant of a given seat. Croiset made these predictions

anywhere from ten to one hundred and four hours prior to the meeting.

At times, the choice is made by using a seating plan. On other occasions, simply by giving the position of the seat : such as Row V, seventh seat from the right. The choices are noted and kept in a sealed envelope. Croiset describes the characteristics of the future occupant, his or her stature, gait, facial appearance, hair, hands, scars, or manner of dress. Above all, he mentions recent or past experiences which could serve as identification.

Later, after the audience have entered the meeting hall and occupied the chairs, the clairvoyant's statements are checked by questioning of the selected chair's occupant. The results have revealed the startlingly accurate description of Croiset's clairvoyance that, in the words of Prof. Hans Bender of the University of Freiburg, Germany, "an element of pure chance can be dismissed as highly improbable."

Another interesting observation occasionally was noted: Croiset may, for an instance, receive no impression at all-and when the meetings is opened, the chairs are found to be unoccupied. In other cases, the psychic foresees visions concerning two persons. This sort of

occurrences can happen when two persons successively occupy the same chair. In a few cases, impressions on a person on a nearby chair are mixed with those on the occupant of the selected chair. Where an occupant is deeply concerned about some person close to him, Croiset may also receive visions about this second person, who is probably not even in the audience.

On November 15, 1949* Police Inspector S. recorded an impression which Croiset received in reference to a meeting scheduled to take place at Enschede a day later. The clairvoyant's reading was: "The elderly woman has a son who wears a navy uniform. In any case this son is a sailor. I see a torpedo explosion. Did this lady lose a member of the family as the result of torpedo fire on the Atlandic Coast?.. In an harbour on the Atlandic ocean?"

The next night a lady in the audience reported that this assertion certainly was meant for her, her brother, who had served in the Royal Navy, lost his life when his ship was torpedoed during the war in the lay at Plymouth.

On May 13, 1952, Croiset attended a dinner at the lecture hall of the Freiburg Institute of Parapsychology and Psychohygiene. Suddenly

he left the dinner table and crossed the hall, where as yet no chairs had been placed. He pointed to a certain spot in the room, and proceeded to describe a young man who would sit there during demonstrations scheduled for the following night. He claimed to see the young man in rather primitive sick quarters. He also had the impression that the young man had an extraordinary gift for initiating people.

The auditorium check the next night on the spot which Croiset pointed out a day before was seat no.17, occupied by a young student. He had been a prisoner of war in Russia, and had frequently been hospitalised under primitive condition. He had also, while a prisoner befriended a fellow – prisoner of enigmatic personality characteristics. In order to gain a closer understanding of this man’s personality, the student had taken to initiating him.

* “The Croiset experiments”, a paper read by Prof.Hans Bendev at the International Conference of Paraphycological Studies, Utrecht, Holland (July 30 to Augst 5, 1953).

CLAIRVOYANT STUDY OF THE STRUCTURE OF 'ATOM'

Long before the discovery of any sub-atomic particle by modern physicists two British clairvoyants carefully studied and fascinatingly disclosed the inner structure of the 'ultimate' atoms in the true etymological sense.

Nearly two hundred sub atomic particles are now recognized by our contemporary particle physicists. Many of them have been detected experimentally by means of the sophisticated technology of high energy physics. The increasingly detailed understanding of sub-atomic events has led to the postulation of other particles such as the 'quarks' (a proton as a triangular cluster of three particles). Contemporary scientists will now acknowledge the early observations of the clairvoyants who have described with amazing accuracy the nature of the electron and other sub-atomic particles.*

When a clairvoyant concentrates on the interior of a crystal or a metal, he notices a fine haze of light enveloping it, followed by streams of light rays.

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- Controversial to the then widespread Dalton's Atomic theory, before no sub-atomic particles were known to physicists, when these clairvoyant readings were first published in LUCIFER, November, 1895 (A series of clairvoyant observations on the chemical elements by C.W. Leadbeater and Dr. Annie Besant) a few scientists who examined these claims rejected them as fantasy. A possible reconciliation came when 'quarks' were postulated, requiring sub division of the proton into three bond quarks. In mid 1970's Dr. Stephen Phillips, researching in particles physics at the University of California at Davis came to the conclusion that the physicists 'quarks' had been seen clairvoyantly "some eighty years previously and possibly much earlier by Indian Yogis". Dr. Phillips has unified the occult and scientific theories of the atom in most precise and convincing details in his "Extrasensory Perception of Quarks" (The Theosophical Publishing House Illinois, USA 1980) and concluded that clairvoyant can "see" the atom as it is.

Shooting out from the material in all directions. With greater magnification the mist becomes particulate, consisting myriads of similar points of light in chaotic motion. The clairvoyant may catch sight of globes of scintillating points, tossing and warring about as if blown by invisible winds. At close view, these consist of very closely packed groups of points of light held in geometrical configurations such as tetrahedra, octahedral and hexagons. Collectively they appear as rigid, geometric figure. The shape is characteristic of a particular element irrespective of its physical state or its purity. This is the basic structural unit which appears to the clairvoyant's gaze. For example radium as seen by magnified clairvoyant vision shows the arrangement of lighted points in the central globes. It should be understood that the reported arrays are in three dimensional space, so that the sectors of the diagram actually depicts segments of spheres. The clairvoyant can "look" through them and notice other atoms nearby.

RADIUM ATOM

The clairvoyant observation of the radium 'atom' like in other cases shows fields within fields within fields or wheels within wheels within wheels. Clairvoyant's overview of atoms, as shown in the above diagram, appeared as highly structured bodies, giving the impression of definite external shapes with the interior subdivided into compartments of spherical, avoid, corical and other geometrical shapes. These bodies in turn had smaller components with them, which in their turn were observed to contain very much smaller particles; these seemed to be the ultimate units of physical matter and were called "ultimate physical atoms". In the final analysis of these particles of all elements consisted only two types, one mirror image on the other. In spite of the vibrating atom's vigorous gyrations in all conceivable modes, the magnifying faculty of clairvoyance could be focused to observe accurately the energetic movements of the sub atomic particles which appear to create tenuous walls (oscillating between astral and physical) that could not be easily determined.

Recording these early observations enthusiastically Dr. Annie Besant writes in the "Occult Chemistry"* :

“The ultimate physical atom, which is the same in all observed cases, is an exceedingly complex body.. It is composed entirely of spirals, the spiral being in turn composed of spirallae and these again of minuter spirallae. ..the illustrations..will give some idea of the complexity of this fundamental unit of the physical universe.

“In one case force pours in from the ‘outside from the fourth dimensional space and passing through the atom, pours into the physical world. In the second, it pours in from the physical world and out through the atom into the ‘outside’ again.* i.e. vanishes from the physical world. The one is like a spring, from which water bubbles out; the other is like a hole, into which water disappears. We call the atoms from which force comes out positive or male; those through which it disappears, negative or female. All atoms, so far as observed, are of one or other of these two forms.

“It will be seen that the atom is a sphere, slightly flattened and there is a depression at the point where the force flows in, causing a heart like form. Each atom is surrounded by a field, formed of the atoms of the four higher planes, which surround and interpenetrate it”.

‘OCCULT CHEMISTRY’ INVESTIGATIONS

Discovering new elements and (then unknown) isotopes, Dr. Besant and Leadbeater symmetrically filled the gaps in the Periodic Table of Elements** - In the preface to the ‘occult chemistry’ they write:

“In addition to these, we found three chemical waifs: an unrecognized stranger between hydrogen and helium which we named occultum, for purposes of reference, and two varieties of one element, which we named Kalon and meta-kalon, between Xenon and Osmium; We also found four varieties of four recognized. The discovery of an isotope of an element for the first time, for example of Neon in 1908 by Besant and Leadbeater which was afterwards confirmed by Aston in 1913. The term ‘isotop’ was not used by them since it was coined only in 1910. It was called meta – neon by both groups of investigators.

The discovery of meta-organ, meta-krypton and meta-xenon have been confirmed as isotopes by science. ‘Kalon’ and ‘meta-kalon’ have not yet been discovered by science.

The discovery of Platinum B is now called ‘canadiun’ (At.Wt.191.22)

The discovery in 1895 of a new element in air of Atomic weight 3 (Hydrogen=1) was named the ‘ocenttum’ in 1907. Aston isolated an

isotope of Helium of mass 3 (31.10.1942). There is also an isotop of helium of Atomic weight 3.

The discovery and recording in 1909 of three new elements Masurium, Rhenium and “87” of Atomic weights 100.11, 187.11 and 222.55 respectively (H=1) have been confirmed by science the element of atomic number “87” was discovered spectroscopically in 1931. It is now proposed to call “87” Francium (symbol Fr.) – NATURE, 4.1.9147 P.10.

* Neon, Argon, Krypton and Xenon.

* Astral Plane.

** In 1908 only elements were isolated by chemists. Elements* and pre fixed meta to the name of each and a second form of platinum that we named platinum B.”**

*The occult chemistry by CW Leadbrater and Dr.Besant 1908 theosophical publishing house, Madras.P.XIV

LIFE ON OTHER PLANETS

Is there life on Mars? The bright orange sandy planet Mars, clairvoyant investigations reveal, is inhabited by all classes of biological life, including the Humans like ourselves. Martians appear to be all of a single race and are smaller being all under five feet height. They have common spoken language. There are blondes and brunettes, some are yellowish in complexion. All have yellow hair, blue eyes. Martians prefer brilliant coloured dresses; most of them are bare-foot walkers, while some wear metallic slippers. Their common tongue seems to be simplified to the ultimate degree.

Mars is inhabited by a scientifically well advanced civilization. The towns look like garden cities. Their houses are single-storey buildings and are richly decorated with flowers. Entrance doors are opened by stepping on a spot on the floor, run back into the walls on each side and are of metal, like all furniture and fittings. The houses look like coloured glass, yet no outsider can see inside. Labour-saving machinery of all varieties are employed throughout the mars and as a consequence martians are distinctly indolent, much of their work being done by trained domestic animals.

One monarchical king governs the whole planetary government, though the monarchy is not hereditary. Polygamy is widespread, all children are handed over to the state to be reared and educated, most people do not know their parents. The children are carefully sorted according to their aptitudes, the most capable being trained to become the ruling class, from which the king chooses all officials and appoints his successor.

Medical advances on Mars has resulted in a high quality of personal health for all its people. Almost disease has been eliminated and Martians do not wear out by the infirmities of old age. When the desire to live fades always a Martian dies. At his own request, he may be painlessly passed into transition.

Martians are non-sectarians. There is no religion, nor temple worships. Nothing is considered to be truth unless it is proved to be 'highly scientific and strictly demonstrable'. To believe anything which can not be strictly demonstrable is not only foolish but a positive crime, being a danger to public peace. In the remote history Martians have suffered from religious persecutions and have

determined that such things never repeat again. As a natural consequence pure scientific reason now reigns the Martian minds.

If a future astronaut approaches Mars, he would see that there are clouds there and that the appearance of the planet is much like our own world. Of all planets of our solar system Mars has many parallelism with our Earth, even its land masses pointing southward. Mars has an extremely thin atmosphere extending to 100 miles, being comparable to that found on the top of our highest mountains; but it is air with a mixture of rain and dew. The polar snow caps increase in their winter. As these caps recede in the warmer season, green vegetation develops. These are the greeny patches on Mars reported by astronomers in regular seasonal changes. Every day at noon the planet is above freezing points even at the poles; and at night below the freezing point everywhere.

Certainly the UFOs are martian experiments aiming at inter planetary studies and communication possibilities. Many Martians have been reincarnating on earth, whose wisdom is our science today.

THE STRANGENESS OF EXISTENCE

Of all mysteries of Nature, Man's early origin, eventual evolution and ultimate destiny seems to be the ever unknowable. Whence came he, this extraordinary focus of universal intelligence, the crown of all creation on the globe. Has he descended from the cosmic sun in the downing creation like a radiant angel to become the temporary tenant of this planetary home? Or has he claimed upwards through aeons of dim ages, tracing his ancestry from primeval slime, through fish, reptile, mammal up to the human? Is he evolving onwards, climbing higher and higher, only to fall over the precipice of death, perhaps by a nuclear wipe out, leaving behind him a freezing planet, the sepulcher of myriad civilizations; or is present spinal of evolution but the schooling of an immortal power, destined in his maturity to wield the total mastery over the entire universe?

To find answers to these and several other related questions, many explorations have been made in the great beyond in the higher reaches of the cosmos, the world of invisible forces and powers which uphold all visible creation: the realm whence the universal laws operate to sustain all. The seers of yore fairly fully described in their sacred

scriptures, the smuthis and the Puranas. These most ancient records ascribe to the earth and its inhabitants a period of existence of vast extent* and of marvelous complexity: hundreds of millions of years are tossed together to give time for the slow and laborious processes of Nature: Fruther and further back 'primeval man' is pushed. Kumari Kandam (later known as Lemuria) is seen where the mighty Pacific now rolls. Though lately discovered, Lemuria is the oldest of lands and its people, the early Tamilians, the first race on earth.

For the majority of mankind, life presents a series of tangles and puzzles – tangles one cannot easily unravel, puzzles one cannot easily solve. Why one is “lucky” and another “unlucky”? Why is one individual prevented by the bunches of “air crash” from catching an airplane, while hundreds of others perish without any forewarning? Why do we like one person the moment we see him/her, while we as promptly dislike others, however presentable in manner and speech they may be. Questions like these are continually arising and are continually left unanswered, and yet answers can be found by the inner search (by clairvoyance) into the unexplained laws of life.

From all these seeming incongruities and injustices, these apparently fortuitous events are merely results of the most fundamental natural Laws – the Laws of Karma and reincarnation.

An understanding of these underlying laws makes life intelligible, restoring self-confidence in the divine order and endow man with the strength and courage to meet the vicissitudes of fortune. Troubles which arise unexpectedly can be known from their causal source, can therefore be controlled and can be totally annihilated as well.

Approts, or the production of physical objects, such as an apple or kumkum, almost instantaneously from great distances to the place of (spiritualistic) demonstration is often achieved by the phenomenon of disintegration.

An object could be disintegrated by impressing over it extremely rapid vibrations to overcome the cohesion of the physical molecules of it without disturbing its constituting atoms. An object thus reduced to fine (etheric) atoms can be mentally directed to move with very great rapidity from any place to another place of choice, since (subtle) (disintegrated) matter could be passed through any solid barrier such as walls, mountains, over broad distances. This passage of subtle matter through gross is analogous to the passage of water through a sieve. And the moment the occult force which has been impressed on the object is mentally withdrawn, the atmospheric etheric pressure playings on the disintegrated atoms will force them to resume their original physical condition at the place of demonstration.

The physical shape of an object is retained by its etheric matrix, when it is disintegrated and rematerialized. This etheric matrix is preserved unless an object is destroyed by fire.

This is the modes operandi of apparts. This explains rearily that there is a creation of new matter. The scientific views that ‘matter can neither be created nor destroyed is rightly held in the occult realms as well. But the occultist goes a step forward to affirm that ‘mind is the Lord of matter and not matter of mind’”.

Reincarnation is perhaps the only controvertial secret occult doctrine that hard an unprecedented intellectual inquiry throughout the recorded history of mankind. Even today it is the most disported doctrine of the day. ‘The search for Bridy Murphy’ and such other reports have drawn the attention of many modern intellectuals.

Great thinkers of past have examined and accepted the reincarnation and survival phenomenon – that the unfolding of human being through recurring lives on earth, the cumulative experience being collected and transformed into intellectual faculty during the ex-carnation period, so that the new life is had with the past experiences transmuted into mental and moral tendencies and powers. Reincarnation is presented as an undoubted fact in the Indian religious lore – Hindu, Buddhist and Jainism – up on which the ancients based the social morality. Bhuddha taught and constantly spoke of his past

births (the Jataka Tales). Plato and Pythagoras included in their philosophical speculations. Jewish soldiers, Josephus states, fought to the death by reminding themselves of their return to earth. Jesus Christ accepted reincarnation by telling his disciples that John the Baptist was Elizabeth. In recent time, Goethe, Fichte, Schelling and Hume reviewing the various theories of immortality concluded that reincarnation is the most rational. Wordsworth, Robert Browning, Rossetti and other poets referred to it occasionally.

The inequalities among men – whether of faculties, opportunities or circumstances – are more rationally justified by reincarnation than by heredity or Fate (chance). If one draws certain social advantages, a good disposition, fine capacities, a noble nature, has he not done anything to deserve them. The hypothesis of blind chance is totally irrational, although heredity explains bodily behaviour leaving behind the intellectual evolution. Reincarnation restores balance to Nature and justice to mankind.

MEDIUMISTIC TRANCE CLAIRVOYANCE

Spiritualistic trance mediums are so called because they act as an intermediary between the living and the dead. Most of them exhibit unusual psychic abilities, like precipitation and apportation, in a variety of ways.

Since the advent of the scientific investigation of Psi over a century ago in the West, several trance medium have dominated the scene of psychical research.

BILOCATION OR 'VARDOGR'

The Egyptian 'Ka' the Norwegian *'vardogr' in psychical research means the bilocation of human 'doubles'. With little variation, the vordogr happenings have a similarity: the sounds of a turning key, discarded overshoes, stamping of feet – an anticipatory mirage. The possessor of a Vardogr (double) announces his arrival. His steps are heard on the staircase. He is heard to unlock the outside door, kick of his overshoes, put his walking stick in his place. The listening 'percipients' – if they are not so accustomed to the prelude of the Vardogr that they remain sitting quietly – open the door and find the entry empty. A little later, the whole performance is repeated – but now the reality and the man arrive.

The arrival of the Vardogr 'forerunner' may be heard on one occasion or many. It may continue its activity through long periods; it may even become so constant that the percipients are likely to address the person who arrives with: 'Is it you, or your Vardogr?' Then the vardogr may suddenly disappear forever; or it may reappear sporadically.

Mr.Jensen** reports a personal experience: while he was a student at the Oslo University, his Vardogr appeared so regularly that his hostess made practical use of it. He often arrived home late after meetings with his companions and this made it difficult for the hostess to prepare his evening meals. But she understood the actions of the Vardogr and took advantage of them. As soon as she heard the Vardogr, she began to prepare supper, and when Mr.Jensen arrived he found the meals ready.

The following are typical examples of the Vardogr phenomenon: Mr.Thorstein Wereide reported this. Psi occurrence in TOMORROW* (winter issue 1955):

“I myself had not been aware of having a Vardogr until about a year after my marriage in 1926. My wife sophie from childhood had been an extremely highly developed sensitive .. When I married her she was secretary to the editor of the Afterposten, the biggest newspaper in Norway. Every day, after her work at the newspaper, she would leave her office at precisely 3 O’clock and take about a quarter of an hour to walk home.

“On December 29, 1927, I left home at quarter to three, intending to meet my wife at her office so that we could go together to a shop before going home. As I walked, I began to think I had calculated the time too closely, and that my wife would probably have left the office before I could arrive, so that we would miss each other. Accordingly, I decided to go directly to the shop without meeting my wife, and then go home.

“When I reached home I expected to find my wife there already but she had not arrived. As a matter of fact, she reached home about an hour later than usual. And the first thing she said when she did arrive was, ‘Why didn’t you come to my office today? At a quarter to three I saw you came into my room and I was so certain of what this meant that I decided to wait an hour for you?’

Commenting on the phenomenon, he adds:

“I believe the phenomenon seems to appear more frequently with me because of the extraordinary sensitivity of my wife...the essential reason the phenomenon appears more frequently in Norway than in any other country is not because of more frequent projections, a

highly developed faculty for sensing and observing the (thought) projections is commonly.

Mrs. Martha Sterinsvik had for several years these occurrences, reported in PSYKISK TLDSKRIFT (1922). On one occasion in the summer of 1911, Mrs. Steinsvik was a visitor at the home of a pastor serving the mountain parishes of Norway. One Sunday she accompanied him to an outlying church where he was to celebrate high mass. The weather had turned cool, and Mrs. Steinsvik took along with her a warm blue woolen coat which she had just made, and which none of the pastor's family had seen. She also forwarded a white collar and a gold brooch from one member of the family to wear with her new coat.

After mass, the pastor drove home; and Mrs. Sterinsvik went to a public hall to give a lecture. She had promised the clergyman that she would drive home after the lecture, since he was to leave on a trip the next day. He would not return home before Mrs. Steinsvik had ended her stay with the family and both were anxious that she spend the last evening with all of them.

However a heavy storm had broken by the time Mrs.Steinsvik had finished her lecture and it was suggested that she stay overnight. Mrs.Steinstik, forgetting her promise, agreed, It was not until that evening, between 7 and 7.30 O'clock that she remembered with a shock that she had promised to return to the pastor's home.

She explained the situation to the family which had given her shelter for the night. They told Mrs.Stensvik that if she got up at 4 O'clock the next morning she could arrange to meet the paster on the road so that she could say goodbye to him. To be sure, she rose at 3.30 o'clock the next morning and managed to meet the paster. She spoke with him for a few minutes and then he urged her to get back to his family as quickly as possible, although he did not explain.

When Mrs.Steinsvik arrived, she found the whole family highly excited. The pastor's seventeen-year-old daughter had seen Mrs.Steinsvik the preceding day, between 7 and 7.30 o'clock, standing close by her, near a window. The girl was surprised by her guest's information clothing. Mrs.Steinsvik wore a blue woolen coat with a white collar and a gold brooch; things the girl had not seen

before. Mrs.Steinvsik at first looked sad, but after a while she smiled and disappeared. She did not look at the girl.

A little later, the pastor's wife asked her daughter to call the clergyman to supper, she did so, and she also knocked on the door of Mrs.Steninsvik room and was surprised to find no response.

At 3.30 o'clock the next morning, the pastor's daughter again saw Mrs.Steinsvik, this time standing before her bed and wearing the same coat as before. This second vision excited the family considerably and caused them a great deal of apprehension, for they believed that Mrs.Steinsvik must have been the victim of an accident. The vision on each occasion, of course, was Mrs.Steinsvik's Vardogr, which appeared when she was thinking with intensity of the pastor and her promise.

Some ancient occult works refer to intensely concentrated thought-forms, projected with a purpose of transmitting a message, which can appear as living beings by strange materialization processes. This explains the phenomenon of Vordogr as materialized self (thought) images rather than as astral/psychic projections. Vordogrs can be more readily seen by sensitives and hence it is a casual clairvoyant

phenomenon. In the absence of materialized images, usually the ‘silent’ thought messengers strike telepathically quite spontaneously.

A careful review of the events and actions of the day before going to sleep is an important key to inner life. This exercise is considered as the best method of awakening one’s awareness in the inner realms by all esoteric schools of occultism throughout the world. Many have had positive results by regular performance. Regularity is the watchword for success in occult and esoteric practices. A lady ‘reviewer’ has described in stuirings words how this practice leads to self mastery: “A wonderful world will soon dawn upon when the practitioner will figuratively rub his eyes to find that blinkers and barriers of so many kinds have somehow melted away and he will begin to comprehend all his activities into one coherent whole which increasingly becomes simpler and more complete”

At the closure of each day, let the student practice the mental review of the events of the day. The actual process should be back tracing of each individual event, preceding from the lying on the bed. In the screen of the mind, he should flashback all events. The mind must

travel slowly backwards through all the incidents, thoughts, motives, acts and words of the day, seeking quite impartially as a witness for all sins and sacrifices. Worthy experiences must be marked with a high sense of achievement as failures should be frankly admitted. An honest repetition of this mental review for even a few weeks can bring about startling transformations in the personal character.

The rationale behind this practice is simple and understandable. Mental review consciously guides the inner processes at work each night. It enables one to pass through all the series of astral and mental conditions experienced in the daylight hours, instead of waiting for such a process often in accumulated form at some distant future.

A subtle magnetic emanation from the sun binds one to all things or events one is connected with. This etherical bondage remains permanent until those events are re-experienced consciously or relieved mentally. This can be described as the Karmic bondage.

By the art of usualisation, if one can relive the past by back tracing all details, he can exhaust karmic conditionings, cast away much waste thought, emotions and other mental conditionings. By the intense chanting of the Gayathri Mantra also the same process of back tracing

all events though various lives – extending to vast spans of time (such a Yugas and Kalpas) is done. Of course, the light of Gayathri can speed up the whole process yet covering all aspects of the past in a single flash.

It will enable one, when he projects out of the physical vesture in sleep, he can travel straight through the heart of things, without being held back to the coarser realms by any tormented earth bound thoughts. The physical rest will therefore be deeper and more refreshing. One will have an easy key to traveling clairvoyance and consciously withdraw into inner realms, leaving his physical body to sleep.

This exercise will also help to etch all inner experiences into the brain consciousness without much distortion. However in the beginning years there may be need to recapitulate the inner life by conscious recall at the moment of awakening. It is a good practice to get down the essence of the dream experiences before the vibrations rapidly fade out in the astral. After some practice these may be unnecessary, when all experience are more vivid. The final result will be an unbroken train of consciousness all through the day and night, which

faculty one can eventually carry straight through the veil of transition and back to his next incarnation or to higher realms. This will be the beginning of unveiling of all the secrets that surround man from time immemorial.

Mental mediumship can be safely developed by group practice with certain set principles. All members of the developing circle should be united in purpose to explore the inner realities without any prejudice against the occult and the supernatural phenomena.

Before sitting in a mental circle to acquire clairvoyance by going into a trance the student should sufficiently protect himself from psychic disturbances, attacks, loss of self control and physical vitality. These negative results of psychism, especially depletion of energy, are due largely to less developed incarnates who abuse the medium's physical brain and nervous system. By a conscious affirmation of a prayer thought to the infinite, a strong psychic radiating shield against hindrances should be created in the séance room. Even unconscious errors of the sitters, the prayer should affirm to be made quite harmless. This is an important pre requisite. There are plenty of sportive and mischievous entities on the other side of the veil who

will be readily fostering such delusions, as posing themselves as guiding archangels or masters of the occult wisdom. It is an easy for these astral entities to persuade an average intellectual to believe that they are the methusulabs living in trans Himalaya an regions, inaccessible to the public; and that they found their sitters worthy of receiving their high revelations or they chose the sitters for a mission of world wide attention. All such eloquent nonsenses were allowed in the past because of the sheer ignorance of the inner life. If the sitters have a pure motive only to understand the Laws of Inner Life free from any selfish aims, they will leave no chance to foreign influences to play upon them, for they become an unsuitable medium for them.

Always, on the other hand, several good influences surround man and they hasten to express through him as a channel, as soon as an invitation is extended to them. Ancestors, recently departed friends and relatives and even Yogis and mystics readily respond to mental invitations and medium wise through willing sitters. From such well wishers one may learn assuredly very much and they (spirits) may make the greatest use of him in the work he has to accomplish during his lifetime. The author met two mediumistic psychics with such good

psychical contacts with the other worlds – one could invoke
*Asuradhama, the famed teacher of Pandava kings and could take
dictations of 27 ancient Sanskrit works (lost of the ages) which in
trance; the other was a physical medium who had an all round
prosperity through the apportations of treasures by her dead step
mother.** The rationale of clairvoyance, humbleness of heart, a
readiness to accept occult wisdom and above all an innate helping
tendency are the qualifications of a good mediumistic psychic.

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A.P.

** Srimathy Revathi Devi (Rema) 146, Lloyds Road, Madras

Having first decided to select and invoke an astral being of integrity
and reliable honesty, pet the group of sitters invite his/her presence by
a mental visualization. The right attitude for attracting anyone from
the inner realm is serene expectancy. Fear, doubt and impatience are
the vibrations which drive away the astral beings. Boredom and

hopelessness are inharmonious conditions for any psychic manifestation.

Developing circles should be held in well lighted rooms, never in complete darkness. After acquiring mental mediumship it would be more relaxing to hold the séances in semi-dark rooms so that bright lights do not shine upon the forehead of the sitters. If the sitter's eyes are too sensitive to light they can cover up the eyes with a bandage, rather than darken the room too much. Many mediums have suggested the use of a red lamp in a seance room. A violet coloured lamp will smoothen the etheric double's strain during the mediumship. The séance room should be a quiet place, as far as possible free from outside noise.

Comfortable chairs can be used for the individual sitters, so that each can sit erect and yet be relaxed. Any sitter who is liable to go into trance should use an arm-chair. But one should not cross his feet or hands. It will block the process of mediumship – an astral being to enter into the physical system of the sitters. For physical mediumship circles only a bare room without any furniture will be needed to facilitate materializations, apportations and other physical

phenomena. In the West it is a common practice to seat men and women alternately, although it is not preferable.

The circle should meet once a week for an hour until the other world contact is clearly established. The sitters should at the least two and not more than twelve. They should sit silently in a circle and should focus on the mental image of the invoked. It can be done either with open eyes or closed – the visions will appear in both cases. The sitters should join hands together visualizing a circular magnetic power flow through the all. Usually the sitters feel a tingling sensation in their hands and arms.

One of the sitters should be the leader – a knowledgeable person to begin and end the sittings at the appointed hour. When the circle opens, the leader may make the brief prayer to establish the occult influences to link up the sitting members with the otherwise helpers. If the sitters prefer a silent mental invocation, it could be written in advance and circulated to all for reading.

For the first phase of the sitting, at least first half an hour, a passive state of reception should be maintained. Concentration on the solar plexus (nabhi or naval) may enhance this receptivity. In this state of

silence, the sitters may have visions receive messages, see symbols; go into deep trance, or experience intermitant trance states. The elader should interrupt this silence after a while to enquire the experiences of the sitters. If there are any interesting visions, then the second half of the seance should be directed to find their significances. At first strange vagner impressions may form, if the practice is continued, the medium will see with greater clarity. Clairaudience, aura reading and psychometry should be gradually developed by using various letters, antiques, articles from the sitters.

The advantages of clairvoyance are manifold. For its possessor most of the problems of life are solved – he can transfer any problem from his conscious mind to the profound Universal Intelligence through his clairvoyant faculties and often receive an intuitive vision, a forceful and complete idea of its solution. For him it is not a belief but of clear knowledge that man survives after his physical transition; that eternal Justice rules the Universe that there is the possibility of ultimate success for everyone, and that however deceptive external appearances may be in reality all things are working together for the common good. The man who is a seer can learn a lot more than others

by reviewing or 'living a thousand lives in one life-time'. He can search for the unknown elements in the lives of his fellowmen and free their minds.

Since this seership is desirable for worthwhile living, since the Psi lies latent in every human being, is it possible to open the inner sight and are there well tested methods of developing innate clairvoyant powers?

Certainly there are time honoured keys to supersensory perception, if one is willing to try them sincerely. Although the gift of clairvoyance is only genetic in most cases, the vast documentation which has gone into the collection of case records by the society for psychical research in its effort to prove the Psi existence reveals that many have experienced this psychic ability to some extent.

There are many ways by which the inner sight may be opened and most of them could be practiced without a guiding master. Some of these methods can open the sensitivity partially or only temporarily the minor keys to the inner mysteries. There are two dynamics keys – the Gayathri and the Kundalini practices. The Gayathri upasana or mentation is the one process which can by no possibility do any harm.

Kundalini practice brings quick results but should be practiced under the constant vigilance of a competent Master Clairvoyant.

Gahathri upasana awakens a fully self conscious clairvoyance of the highest order.

OPENING THE ETHERIC EYE

Etheric sight can be opened by certain purifactory exercises like Jala Neti Trataka, Bhastrika (Pranayama) and certain exercises in imagination.

In normal man the embryonic etheric Ajna Chakram is filled with a pith-like etheric matter. This can be cleared by the psycho physical exercises, which will be described in detail.

Jala Neti is the age old Yogic method of cleansing the etheric brain nadis. (the channels of vitality currents in the body). Jala neti is an exercise of drawing water through the nostrils. This is accomplished easily by using a special cup of 200 ml capacity with a spout or nozzle which can be inserted in the nostrils. Lukewarm water, with a teaspoon of salt dissolved, should be used.

Squatting on the ground the student should hold this cup of water in one of his palms. Gently the cup's nozzle should be inserted in one nostril, lending his head in the direction of the other nostril. As soon as this is done, water will begin to trickle through the lower nostril. After emptying a cup of water through one nostril, the same procedure can be repeated with the other nostril. During the period of

the exercise, care should be taken to breathe through the mouth, which should be kept open for inhaling and exhaling. Nasal breathing during the practice may cause discomfort by drawing water inside into the upper regions of the brain. After completing the Jala Neti the student should get up and bend forward, breathe in and out sharply to eliminate any water drop remaining in the head.

This yoga practice cures chronic headaches, sleeplessness and drowsiness. The brain absorbs much more Pranic energy. Diseases peculiar to the eye such as soreness, night blindness, the Madras eye infection, colour blindness, dimness of vision can all be cured. This exercise is also recommended for improving memory efficiency. The Yoga treatises clearly point out that Jala Neti opens up the inner sight. “Kapala-sodhani caiva divya-drsti pradayini. Jatrcrdhura-Jata-rogaughan netir-asu nihanti ca.

(Hathayoga Pradipika, Part II verse no.30)

“The Neti practice cleanses the brain of all its blockages, endows one with Divya Drusti (clairvoyance) and annihilates all diseases of the upper regions of the body (i.e. the eye, ear, nose and chest).”

There are certain variations of Neti practice using fresh cow's milk, melted (warm) butter etc. instead of saline. A thick cord of fien thread soaked in wax is also used as a variant.

Trataka is a specific purificatory exercise for the eye. It is simply an unwinking gaze on a spot, like a black dot a silver coin, or a bright flame placed at eye level about a yard's distance. One should not stare at the spot continuously until the eyes moisten with water; nor should one concentrate his will as some Yoga teachers advise. Looking for a few seconds, one should close his eyes and mentally visualize the central spot. As soon as the mental image fades away, once again with the eyes open the dot or flame should be watched. Forming a mental picture again, this can be repeated from 3 to 30 minutes.

This exercise can bring many benefits, mental steadiness is chief among them. It slowly fixes one's gaze between the eyebrows, known as the sambhavi mudra in yoga: Yoga teachers say that this practice "produces stimulation of the nasociliary plexus of the airtonomic nervous system as well as on the fibres of the nerves moving the eye ball and internal structures of the eye. It improves the muscular power, balance and coordination of the various muscles that move the

eye ball. It also exercises the muscle of the iris which constitute the muscular diaphragm surrounding the pupil of the eye and is instrumental in increasing or decreasing the amount of light entering the eyes and falling on the retina. Gazing at one point also helps in putting into action the muscles which are attached around the lens of the eye and whose contraction or relaxation result in changing the shape of the lens, required for accurate focusing of the light on the retina to form a sharp image of the observed object. Thus the entire neuro-muscular apparatus of the eye-ball is toned up for a better performance and endurance. This exercise has an even more important effect in aiding concentration of the mind”.

Bhastrika is a system of vigorous respiration. If the head of a normal man is examined by etheric vision, the breathe containing the vital energy called Prana, which appears as a golden yellow stream, is seen to be flowing up the spinal cord into the head, where it spreads up like a golden rain to vitalize the whole contents of the skull itself, the scalp and the hair. The etheric centres which correspond to the pituitary and pineal glands appear to etheric sight as small flames. A flow of Prana passes round these centres and out at the top of the head

through the embryonic crown chakram. The Ajna chakram in its inactive stage is faintly visible as an etheric tube filled with a pith like etheric matter. Prana flows around and through it and is discharged through the undeveloped chakram.

Assuming an easy pose, one should close the left nostril with the middle and third fingers of the right hand, and the other nostril with the thumb. Removing the thumb from the right nostril, keeping the left nostril closed by the middle and third fingers, he should breath out forcefully and then breath in through the right nostril; closing this nostril with his thumb, he should breath out through the right. The breathing in and out must be of the “bellows” type. This exercise should be repeated rapidly several times. While doing this exercise, the abdomen should distend and contract. To begin with 20 times can be practiced and increased to 30 to 40 times daily for about five weeks.

If the head is examined after this exercises by etheric vision, the brain nadis have been thoroughly cleansed and the stream of psychic energy Kundalini has been aroused into activity. Prana is still seen to be flowing as before, but now is accompanied by the fire of Kundalini.

The pituitary and pineal centres are 'alight' and a continuous interaction or 'sparking' is taking place between them. The main stream of Kundalini passes round and through them and out through the newly awakened crown chakram or the Sahasra-dala-padma' the thousand-petal lotus. The Ajna chakram is now more plainly visible, together with the etheric tube which is used for purposes of magnification and television. Kundalini also plays through the throat and Ajna Chakras and is discharged together with a quantity of prana, into the air.

Vibrator, impressions beyond the visible spectral limits can be interpreted now by becoming aware of sounds, pictures and events with any sense organs. Etheric visions are as real as the three dimensional events.

This etheric vision can be tested and much more developed by certain visualization practices. One easy exercise is to guessing the contents of a closed box. Another variant is reading time from a watch with its face turned down: Without looking, one should take his watch, turn it face down, trying to avoid knowing the time. Looking at the back, he should focus his etheric sight to the vibrations of the watch, the small

piece of object in his hand. The position of the hands on the dial are definite vibratory complex which affect the observer's etheric vision and can create a definite impression just as it would if it were to enter through a physical sense organ. While the student's psychic sensitivity to this order of frequencies may be very low at the moment or may be blocked by the over riding effect of external stimuli, his etheric sight will be gradually more and more clearer with an increase in practice.

Other types of the above exercise which may be practiced daily are:

- Determining the contents of the student receives by the mail.
- Readign the headlines of his daily newspaper when it is folded or spread on the table with its prints facing down.
- Reading a closed look or file.
- Reading the contents of a close box and the like his mentality to a far more degree the hypnosis at any time and without any effort. The chemical key opens the mind to higher states of awareness by freeing the brain and the nervous system from its ordinary structural patterns.

thousand people present. she also told me she especially liked the color black. We began the regression and she had great difficulty regressing and proceeded to give descriptions which resembled a travelogue before coming to describe a small black boy in Africa. he was 12 years old and was playing with bow and arrow up in a tree

while watching some of build a type of platform for a dance celebration that was to occur soon. I then said, “you are now 13 year of age. What do you see and what are you doing?” She became agitated and, when pressed, said no, she was not 13 year of age because she had committed suicide while still 12.

At this point she broke out of the trance in a cold sweat and in severe pain. She then proceeded to say that she would never commit suicide in this life and go through that pain again. At various sessions when she was particularly bed she would say; “If I could only commit suicide ” and end this pain, but I now know that no matter how bad things seem in the life, it is

nothing compared to the pain in the after life,”The regression did not do anything dramatic in terms of schizophrenia but i provided the time necessary to work with her. At this time,I sent her to a psychiatrist friend of mine and we both worked with her. she never had to be hospitalized. Although we can not say that she is cured, she is marginally functional and not a ward of the state nor has she ever had to be given any anti psychoticdrug

MODALITY EIGHT:HABIT CHANGE

Habits are amenable to change and positive affirmations and metaphors can be extremely beneficial in hypnotherapy directed at habit change. All therapy should be directed toward change but we are particularly taking about explicit behaviors that one wants to change with out therapy. In the case of smoking,one of the visualizations that we utilize is

taking the individual into a beautiful temple and describing the incredible beauty in the white marble, the gold, the frescoes, the icons, all the beauty which is part of a Near-Eastern temple. we then comment,

Within this temple there is a brazier and there are leaves burning in it which are creating clouds of smoke. The smoke you see billowing up begins to flow over all the beauty in the temple, and as it flows over the frescoes, the paintings, the icons, they begin to take on a dull smudged grey appearance. then a caretaker comes in and puts out the fire. he throws the brazier outside. he opens all the windows in the temple and clean fresh air begins to flow through. This clean fresh air, as it flows through and over the surface of the inside of the temple, begins to slowly wash away the smudge and dirt of the smoke. soon the inside of the temple begins to be restored to its original clear beauty. you have chosen to give up smoking and in the same fashion clean fresh air which you

breathe in will slowly begin to wash away all the impurities in your lungs. your lungs which now are a dirty, dull, grey color will slowly but surely begin to take on their original pink beautiful color. your lungs will return to their original healthy state.

Similar to this, visualizations and metaphors can be used with other habits.

We find that hypnosis can be extremely beneficial for habit change. The point we wish to emphasize the most is that with the use of hypnotherapy to change habit, one should never work with the negative aspects of the habit but only the positive, in other words, in the case of smoking, the therapist must not make reference to the fact that smoking can cause emphysema or lung cancer but rather should emphasize the positive healthy state of the lung and that clean fresh air will bring the lung back to its healthy condition.

We never use hypnosis to eliminate an old habit but rather we discuss and develop the idea of the client forming a new habit. In the case of smoking, the client will develop the habit of breathing clean fresh air and he/she will feel good about this. We point out that he/she has made the choice; he/she is free to make the choice; this choice will benefit the client and his/her close loved ones; and further, this choice will benefit all of humanity because we are all part of a greater whole. We always emphasize the fact that in therapy one can never actually eliminate a habit without replacing it with a new habit. Our emphasis in therapy therefore is on the development of a new habit. this new habit can be interjected by the therapist or the client can help in the discussion of what he or she wants in a new habit to replace the old.

MODALITY NINE: THE UTILIZATION OF RELAXATION TECHNIQUES

under this section we would include such techniques as TM (transcendental meditation), Silva Mind Control, ultra-depth hypnosis relaxation, and others. We will not discuss the techniques but merely point out that “sound meditation” as developed by schultz in Germany in the 1930s is an excellent form of self-relaxation One might want to study books on the meditation, possible go through Silva Mind Control oneself, or study ultra-depth under the workshops given by Walter Sechart, so one can teach one's clients some of the various techniques which they can use effectively to help themselves. We do not particularly advocate traditional self-hypnosis and I absolutely refuse to teach a client self-hypnosis, per se. he will teach clients meditation, various forms of yoga meditation techniques, possible ultra-depth, but department lobby, where he was sleeping on the couch. he had no recollection of how he got there and the guard was totally at a loss to explain how he could have gotten into the Health

Department, since the building was locked. We took him back and found that he had started out on Thursday night at eight, with a group of friend going downtown to a bar. We progressed until one A.M., when they returned to the dorm. He and his friends entered one of the suites; he remembered eating a baloney sandwich and than taking off across the campus. we were able to trace his route up through the hospital parking lot. He remembered falling down and when he got up he on longer had his knapsack. then he proceeded down to the Health Department, climbing the fire escape and finding the fire escape door on the second floor unlocked, He remembered nearly falling off the railing before geting into the building, wandering downstairs and going to sleep on the couch. The author suggested that he go to the “lost and found” at the hospital to see if some one had found his knapsack in the parking lot and had turned it in. He did this; the knapsack was there and apparently the recollection was accurate. We

have followed this procedure several times in similar situations.

MODALITY SEVEN: REINCARNATION

Reincarnation regression is also a hypnotic modality that can be utilized by a competent hypnotist. Ostrander and Schroeder in *Psychic Discoveries Behind the Iron Curtain* (1970), comment that the Soviets have done a great deal of exploration research in the area of reincarnation regression. They comment that the Soviets state emphatically that only a very adept hypnotist can actually utilize reincarnation regression and, further, that this particular trance is identified with an EEG pattern of very high wakefulness. The author does not recommend reincarnation regression as a common practice but is firmly in agreement that reincarnation regression can be of extreme value in the dealing with clients

who seem resistant to the effectiveness of the usual modalities.

We do not purport to suggest that reincarnation should be accepted as a reality by the hypnotist or the client, but that its use can be extremely effective in therapy.

Another very interesting and amusing example relates to a friend of mine who wanted to go through a regression. We took him through the process and he began to relate a life in the 1800s as a gambler in the West. At one point I asked if he carried a gun and he said, no, only a walking stick. then he went on to relate the fact that not only was he successful as a gambler but that he became a bridge builder with the money he had accrued during his card-playing career. he began to describe a public gathering at the opening of a bridge. many people were walking across it and, due to technical error, the bridge collapsed. He said that the crowd became extremely angry and hostile toward him and his comment was, "What in

the hell are the mad at me for?"Then, in a rather loud explanation, "son of a bitch!one of them has just cut off my head!"thus abruptly terminating the session. After the session, he mentioned that he did not carry a gun but that his walking stick came apart and at the end of it was a long pointed stiletto. He laughed at this because he said,"You asked whether I carried a gun but you didn't ask if I carried another form of protection."then he commented on the fact that, as an infant, his mother said he would never sleep without something covering his neck. He mentioned that even today he cannot sleep unless his neck is protected and then even if he were sleeping in the nude on a hot summer's night he would have to have part of the sheet around his neck or he could not sleep. while this particular idiosyncrasy would seem relatively unimportant, the example dose show how the reincarnation/regression process can be used to explain behavior that previously had on reference point.

We do not advocate reincarnation/regression, nor do we suggest that anyone believe in reincarnation, but only point out that it is a modality that can be used to achieve a breakthrough when all other modalities fail. It is our belief that only the most gifted hypnotists should attempt reincarnation/regression and that they should be prepared for unusual consequences.

The following example is a case history in which reincarnation was used effectively, not is actually facilitating a breakthrough but in providing time, since the client was extremely suicidal and her reincarnation /regression, for her, provided the knowledge that proved to prevent suicide as a possible behavior. The woman in question was young, intelligent, and borderline anorexic. Her presenting complaint was of hearing voices and of deep depression. She had gone to several counselors but received no help. when she come to me, she was already mildly schizophrenic. One night her

husband called and asked if they could come over as she was very depressed and suicidal. It became evident that she was in a very serious condition and I considered calling a psychiatrist friend of mine and having her admitted to the hospital. Before proceeding, it is necessary to digress momentarily and discuss several factors that had occurred during some of the sessions. During one session I suggested she listen to music during the day but she said no, she couldn't-that during the summer she and her husband had gone to the Taj Mahal concert and that the star was looking at her throughout the concert, although there were several.

THE SCIENCE OF SEERSHIP

Wisdom, and is now being made available gradually through the publication of the theosophical society. The student will, therefore, be able to check his own findings by those of his predecessors in occult research, and, his turn, to add to their

discoveries, thereby enriching the sum total of human knowledge.

It must be understood clearly, however, that clairvoyant research is by no means the only, or even the most important, method of acquiring knowledge; neither is the development of this power a necessity for either spiritual progress or the study of occultism. A surer method exists, and a far more valuable faculty is available to man.

This faculty is spiritual intuition. By its means knowledge may be gained upon any subject whatever without the laborious process of developing and using clairvoyant powers. Though the two faculties may be usefully employed as complementary methods, the intuitive is far more important and valuable than the psychic. unless, therefore, the student can fulfil the qualifications and conditions stated above, he will be better advised to devote the whole of his energies to the development of his intuitive faculties.

He will then finally reach the stage that is before us all, when this new sense, the power of intuition, will be developed, and the supermental method of cognition will be unfolded. By its means man will gain knowledge on any subject whatsoever without

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needing the processes of deductive and inductive reasoning, and without the employment of any external senses, physical or psychic.

This new faculty is showing itself even now. Its development and the use proceed quite naturally at that stage of human evolution, which, in Christian language, is referred to as the birth of the Christ-child within the human soul. That child is now being born within the soul of mankind. Its growth may be hastened by the dual means which have been explained. One day the Christ-child will grow into the “measure of the stature of the fullness of Christ.” then all the

powers of the soul and all the faculties of the consciousness will have been unfolded, and we shall be “perfect as our Father in Heaven is perfect”

